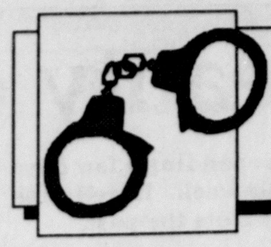


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THE NEWS-LEDGER

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37th Year ◆ No. 47 **Serving the West Sacramento Region Since 1964** **Wednesday, July 11, 2001**

Taking steps against cancer

By Daryl Fisher
Features Editor

You may have seen four women walking about town with backpacks know as "camelpacks" strapped to their backs with long tubes attached to keep themselves hydrated. They have been working very hard to get in tip-top shape for a very important mission, a crusade actually, to do everything in their power to bring attention to the fight against breast cancer, which is currently the leading cause of death in women aged 40 to 55.

On July 27, 28 and 29, Kelly Rochester, Sally Lucas, Erin Snyder and Andrea Hart will be participating in the Avon Breast Cancer 3-Day Walk. They, along with thousands of others, will be raising money for breast cancer research. The net proceeds from the event will also support non-profit breast health programs in every region of the country.

"Raising money for breast cancer research and programs is very important," explained Erin, "but I think even more important than that is awareness, and an event like this really helps focus everyone's attention on the problem. I know that when we are out training, we wear our breast cancer fighting t-shirts and caps and people are always stopping us to ask questions, and the more informed people are about this awful disease, the safer they are going to be."

Kelly, Sally, Erin and Andrea have lived the last four months of their lives altering their family schedules to prepare for this event. Typically they have been walking an average of 30 miles each week, and last weekend they really put themselves to the test by walking 22 miles all the way to Chevy's in Folsom.



BACK ROW: Kelly Rochester & Sally Lucas
FRONT: Erin Snyder & Andrea Hart

Then they got up the following morning and conquered another six miles even though the blisters on their feet were begging them to take the day off.

"The training has been a little bit more intense than I had anticipated," said Kelly, "but you'd be surprised how far you can walk if you push yourself. It's such a good cause, and I'm more than happy to do anything I can to help people become more knowledgeable about a disease which takes the lives of so many women every year."

This year alone, over 180,000 women in the United States will be diagnosed with breast cancer and more than 40,000 will die. One in every nine women develop breast cancer at some point in their life and every woman (and some men) are at risk to get the disease.

"I lost my mother to breast cancer in September of 1998," said Andrea, "and believe me, it's a disease that devastates the whole family. I've learned the importance of doing regular self-breast examinations and getting yearly mammograms. If the disease can be caught early enough, your chances of having a full recovery go up dramatically, and I would encourage all women to learn everything they can about this terrible disease."

"It's been amazing how supportive everyone has been," said Sally. "Not only have we already received more than $10,000 in donations, but when we go on our practice walks, people honk and cheer us on. Like the poet said, the journey of a thousand miles begins with just one step and this is a journey that will not end at the completion of the 3-day walk, but rather when all women with breast cancer can see their children have children and their mothers grow old."

Anyone wishing to help sponsor Kelly, Sally, Erin and Andrea on their 60-mile walk at the end of the month can do so by calling 372-0215.

First of two parts:

Health & safety? Slow path for new sewer lines

By Steve Marschke
News-Ledger Editor

If all goes well, West Sacramento officials hope to have the Arlington Oaks subdivision hooked up to city sewer services by 2003. But for at least one resident of that 217-parcel neighborhood near Jefferson Blvd. and Devon Rd., that's not quick enough.

"Are you going to tell me that this thing is more complicated than a ballpark (Raley Field) that they completed in less than a year, when they had to meet with an EIR that was out of this world?" asks Jim Manerchia. "Why is this so arduous, and why do things have to move so slow?"

Manerchia points out that his neighbors, by a narrow majority, voted down a previous sewage proposal 15 months ago, with some of them objecting to the city's financing terms. Too much time is elapsing before the next try, he said.

"If they'd given an honest effort, this thing would now be halfway done."

What concerns Manerchia – and at least some of his neighbors – is that there may be a health and safety issue resulting from the neighborhood's long term reliance on septic tanks. Most of the lots in Arlington Oaks are relatively small, at perhaps one-seventh of an acre.

In a letter supporting a city application for a $2 million state loan for the project, Yolo County's director of environmental health said that new sewer lines would "put a stop to the on-going groundwater pollution caused by on-site sewage disposal systems and would also eliminate the health hazards this community faces every day from its substandard septic systems."

The letter from director Tom To also said that these systems were experiencing a "high rate of failure due to system aging and seasonal high groundwater." He called the local groundwater "bacteriologically and chemically contaminated by septic discharge, especially during winter months."

This contamination could enter leaky drinking water lines, he said, and surfacing sewage could pose a disease threat to humans and animals.

Is the city's response adequate?

"It's an unsatisfactory situation," said Mayor Mark Montemayor. "That's why we're pursuing this project in the first place. But you don't want the health department coming in and putting pink slips on all the houses, forcing everyone to find a new place to live. This is a very high priority project that's also extremely complex."

Montemayor said that the Arlington Oaks sewer project is complicated by the fact that the residents in that subdivision aren't unanimous in wanting sewer service.

"You've got some who want the sewage service and want to pay for it, some who want it but don't want to pay for it, and some who don't want city sewer at all," said Montemayor.

In fact, local residents last year voted down a city financing package to help them hook up to the Jefferson Blvd. sewer lines. But Manerchia blames that vote on a bad financing plan.

"That was a 15-year plan with about six-percent interest," he said. "After 15 years, the residents would owe about the same on the principal as when they started. And the city stood to make money with that six percent interest."

Since then, an additional "pot" of potential low-interest loan money has been found – not by the city, but by Manerchia.

"We were told that there was no money available of this magnitude to help fund this," he said. "Then I found this."

Tina Gontarski of the city's Housing & Community Investments Dept. said that this is essentially true – Manerchia was the one who located the potential $2 million loan from the State Water Resources Control Board which could help make the Arlington Oaks project more affordable.

"It was essentially by Mr. Manerchia's contacts and efforts that we learned of this," she said.

But now, said Gontarski, the city is working its way through an inch-thick set of instructions to apply for the state loan, as well as a separate application process for federal money to help round out the project, with costs of approximately $2.5 million total.

She hopes to receive both types of funding, and hopes that the residents of Arlington Oaks approve the next financing package offered to them. If all goes well, the project will go out to bid for construction in the fall of 2002.

If it doesn't go well?

"There is no Plan B," said Gontarski. "We are hoping everything moves along, but there are several areas things could go sideways – the property owners could vote 'no,' we might not get the loan from state water resources, we could fail to get the CDBG funds."

This story will continue in the News-Ledger next week.



An estimated 4-5,000 people enjoyed fireworks, food & music at the July 2 "BridgeFest" celebration near Stone Blvd. Sponsors include the city and the local chamber of commerce, among others. *Photo by Barry Blacklaw*

Taking a novel approach to publishing:

West Sacramento man goes on-line to publish 'inspirational' first book

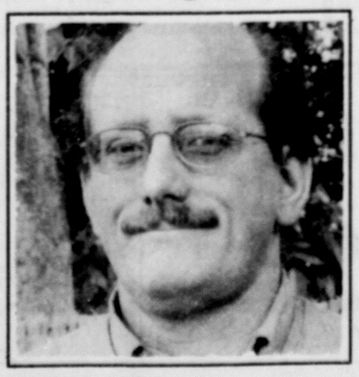
By Steve Marschke
News-Ledger Editor

A West Sacramento man has taken the high-tech approach to publishing his first novel.

"Only the Determined," by J. Clifford Barnes, is now available for download at an Internet site. It can also be ordered as a "print on demand" softcover book.

Either version – the electronic file or the actual book – can be ordered by visiting www.1stbooks.com on the Internet.

"I searched around with different publishers and I thought the terms were best with 1st Books," said Barnes, 45. "You pay a fee for setup. Once it's set up, it is an 'e-file' and also available as a print-on-demand book. If you order the book from them, they send the order to a printer, who can print one softcover book and send it to you."



J.Clifford Barnes

Barnes has written fiction before, but "Only the Determined" is his first completed long piece.

"I've wanted to do this sort of writing for a long time, but it's difficult to find the time. I started this book about nine years ago, but some of those years it just sat on a shelf."

He describes the story as a "young adult" story or an "inspirational" novel.

"It's a story about a young artist who is compelled to return home because she receives a difficult commission," he said. "Because of the amount of work that needs to be done, and the short time she has, the best place to go to do the work is home. But she doesn't want to go home because of issues from her past. The story is an awakening that deals with how deep she has to dig to deal with this."

The response has been good so far, he added.

"People generally have been glad they read the book, and some have felt encouraged by it.

"Only the Determined" is set on the Mendocino coast. Barnes himself lived in the Fort Bragg area, before landing his current job with the state. Before that, he lived in Hawaii. He is a native of Antioch.

The subject matter touches close to home in another way – Barnes is married to artist Susan Barnes, and helps manage her art business.

"She does original watercolors and oils," explained Barnes. "She's in about six or seven galleries right now. Basically, I help her with bookkeeping and making sure bills go out and so forth."

His "day job" is as a program coordinator for the state's Office of Emergency Services.

"I work in the disaster assistance division," he said. "I'm in a technology program unit, where we put together programs for disaster assistance. Prior to this, I worked in fire protection design for ten years."

What next for his literary career?

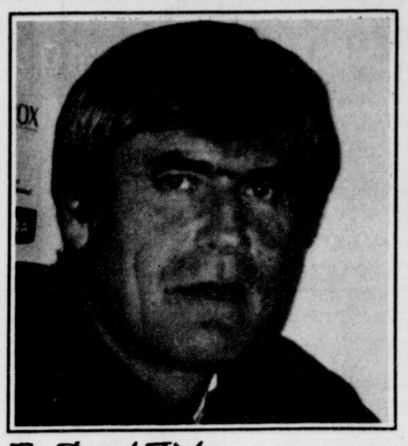
"I'm interested in writing in different fields. My wife and I are working on a children's book. I want to do a book on the art methods she uses. I have two other fiction novels in mind, so there's plenty to keep me busy. But the first thing coming out will be a screenplay of this book – I keep seeing the story as a movie. Good, bad or indifferent, I've got to put that to rest and then I can move on to something else."

Cost for downloading the electronic file from 1st Books Library is $3.95.

The softcover book costs $7.95 plus shipping. The book can also be ordered from any book store using the ISBN number 0-75961-793-7.

The beauty of childbirth

Editor's note: Daryl is spending a few days up in the redwoods this week. Here is one of his favorite columns from the past.



My Back Pages

By Daryl Fisher

A longtime friend of mine and I were up on the Sacramento River the other day having a nice, leisurely lunch when all of a sudden he started going on and on about the recent natural childbirth of his first granddaughter. Being the wonderful friend and good listener I am, I put up with it as long as I possibly could before finally blurting out, "Hey, I'm trying to eat here!"

"But you should have seen it, Daryl," he continued. "It was really something. It was so, well, so spiritual."

"How come they let you in?" I asked, pushing away what was left of my plate of fettucine alfredo.

"My daughter insisted on it," he explained with pride. "In fact, we had most of the family right there in the birthing room."

"You're putting me on?"

"No, I'm not. And my son-in-law was really something. He attended all these special classes where they taught him how to coach my daughter with her breathing. When they got done with him, he was an expert on everything from fallopian tubes to the uterus. And my daughter just loved having him with her throughout the whole thing. Right before the baby came, she must have whispered to him that she loved him a half-dozen times."

"Really," I said, recalling a somewhat different response from my wife just a few minutes before the birth of our fourth and final child. In fact, if my memory serves me correctly, I believe her final loving words to me as they hauled her into the delivery room were, and I quote, "Don't you ever do this to me again!"

"I sure wish natural childbirth had been popular back when our wives were having babies," continued my friend. "Don't you feel like we've really missed something?"

I nodded my head in agreement, but silently thanked God for putting women in charge of giving birth, and men in charge of such things as changing the oil in the car, taking out the garbage, and cleaning out the rabbit cage.

Anyway, even though I never got around to witnessing the actual birth of any of my four children, I do have a number of vivid recollections which are burned into what is left of my memory banks. For instance, there was this sadistic nurse in charge of cleaning up newborns who kept scrubbing my screaming daughter's head with a wire brush, and when I finally threatened to rip it out of her hand and use it on her, I was politely asked to step outside for awhile; and when my first son was about to be born, my wife told me that whatever I did, not to allow the doctors to give her any drugs. Then, as I assured her that I wouldn't even let them give her as much as an aspirin, a very unpleasant contraction suddenly began and she screamed, "I want a saddle block, and I want it now!"; and when, just before my second son was born, my wife's contractions were only minutes apart and her fingernails were digging deep into my forearm, I distinctly remember thinking to myself that when husbands roll their pregnant wives into the hospital, they all ought to be immediately issued a pair of those thick leather gloves that wildlife experts use when they handle eagles and other large birds of prey; and right after my last son was born, I remember how my wife's obstetrician suddenly appeared out of nowhere, handed me this little piece of paper and whispered, "Here, your wife would like you to have this."

"What is it?" I asked.

"It's the name of a really good doctor I know who does vasectomies."

"So, Daryl," continued my friend, "you never once had the urge to go into the delivery room with your wife?"

Feeling a little guilty, I shook my head and said, "Well, not really."

"Why not?"

"Oh, I don't know," I tried to explain. "It's just that I always seem to say the wrong things at times like that, and although my wife has this really good sense of humor, well, it always seemed to disappear once she got to be eight or nine months pregnant. Plus there was this old Phil Donahue show that I could never quite get out of my mind."

"An old Phil Donahue show?" asked my friend with a puzzled expression.

"Yeah, and if I remember right, I believe it was entitled, "Men who have witnessed their wives giving birth and don't ever want to have sex again."

"In other words," said my very discerning friend, "you were gutless?"

"Exactly."

"Well," he said, finishing the last bite of his meal, "if you're ever interested in seeing what you missed, feel free to drop by my place any old time. I've got the whole birth on tape, every single second of it, from the time my little granddaughter's head first popped out to this really great shot of the placenta."

Well, so much for dessert, I thought to myself.

Local kids learn quilting skills

By Linda Petersen

A group of eight girls ranging in age from 8 to 13 all recently completed creating their own quilt and then entered them to be judged in the Spring Show in Woodland. The class which taught the girls the skills necessary to make their quilts began on January 11th with a trip to Cloth Country to pick out fabrics. The class was led by Linda Petersen and Lynne Ruddell and the girls learned all about fabrics, colors, and the different kinds of quilts which can be

Please see QUILTERS, p.3



BACK ROW: Andrea Kaine, Sarah Duncan, Hanna Petersen. FRONT: Lauren Ruddell, Jessica Freitas. NOT PICTURED: Jennifer Erickson,Sarah Tate, Stephanie Tate.

Obituaries

Aubrey W. Goings

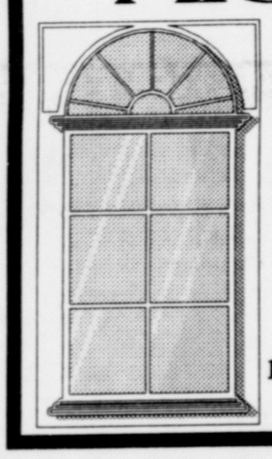
Aubrey Goings passed away on July 4, 2001 from complications of pneumonia. Members of his family were by his side.

Aubrey was born in Kansas on April 11, 1906. He married Florence, his wife of 72 years, in 1924 and they had four children: Meredith, Robert, Dorothy and John. They moved to San Francisco in 1942 after spending a number of years in Kansas, Oklahoma and Washington. They settled in West Sacramento in 1945.

Aubrey had a long and varied work life. He retired as a maintenance engineer in 1965 after working for the Rainbo Bakery for 20 years. He was preceded in death by his wife and two of his children, Meredith and Robert. He is survived by daughter Dorothy Peek and her husband Fleming (Corky) of Citrus Heights; his son, John Goings and his wife Thelma of Pacific Grove; daughter-in-law June Goings of San Bernardino; and 11 grandchildren, 21 great-grandchildren, and many nieces and nephews.

At Aubrey's request there will be no funeral services. He will be buried next to his wife, Florence, at Monument Hill Memorial Park in Woodland, CA. The family requests any remembrances be made to charities of choice.

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The News-Ledger was founded August 14, 1964. It is the successor to the *Weekly Reader*, founded by Julius A. Feher in April, 1938, and incorporates the *West Sacramento News*, founded by Julius A. Feher in August, 1942.

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Successor to Julius A. Feher, 1988
Steven K. Marschke, Editor
Daryl Fisher, Features Editor
Richard Novoa, Sports Correspondent
Daryl Fisher, Advertising Director

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News submissions: The *News-Ledger* welcomes information on local news and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.

Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Friday before publication, and may be mailed or dropped off at the *News-Ledger* office.

Advertising: The deadline for classified advertisements is Monday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs $3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the *News-Ledger* office or through the office mail slot.

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SPORTS INSIDER

By Richard Novoa

I'm back just in time from my short vacation to watch the 2001 Major League All-Star game on Tuesday night from the new Safeco Field in Seattle. The Giants are 5 ½ games behind the Diamondbacks in the West but they still managed to land three starting players in mid-season classic with Rich Aurilia, Jeff Kent and the league home run leader, Barry Bonds leading the stars. Jason Giambi, who was the lone Oakland player selected, is the main topic of rumors in Seattle that have him heading to New York to wear the Yankee pinstripes. The A's, who are dead last in the league with a team batting average of .250, added a little veteran punch with Ron Gant. The A's traded River Cat, Robin Jennings to the Colorado Rockies for the 35-year-old slugger.

The Sacramento Kings are in tough negotiations with free agents Chris Webber and Doug Christie for their services next season. The question of the week is where will Chris end up playing next season? There are 12 teams courting Webber but Detroit (his hometown) and San Antonio are the leading contenders for C-Webb. Webber may chose to stay in Sacramento but I think the Kings are working on a sign and trade situation while Christie works on a multi-year contract than would pay him around $8 million per year! The good news for Kings fans is that Kings first round pick, Gerald Wallace, scored 27 points in his first appearance in the summer pro league in Los Angeles.

Speaking of good news, the Sacramento Monarchs will have three players representing them at the WNBA All-Star game July 16th in Orlando. Yolanda Griffith, Ruthie-Bolton-Holifield and Ticha Penicheiro received strong voter support for the leagues 5th all-star game. The game will be televised on ESPN on July 16th from Orlando.

The Sacramento River Cats, who are only 3 ½ games out of first place at the All-Star break with a 41-50 record, will be on the road until July 24th when they host the Memphis Redbirds. After the three day All-Star break the Gatos will return to action for 12 road games that start on Thursday, July 12th in Las Vegas. River Cats outfielder Eric Byrne will represent the Cats in Wednesday's Triple-A All-Star Game at Victory Field in Indianapolis. The game will be broadcast on ESPN2 and KCTC (1320) at 5 p.m.

In the boxing world, West Sacramento's Juan Lazcano (26-2- 19 KO's) was promoted to No.2 in the World Boxing Council ratings. Lazcano is set to fight on September 1st on another ShowTime Boxing card that will be staged in Las Vegas or El Paso, Texas.

The Major League Soccer All-Star game will be held this year in San Jose on Saturday, July 28th. If you're interested in tickets to see the best soccer players in the MLS compete contact the West Sacramento Youth Soccer Club at (916) 372-7332. Tickets are priced at $20 with five dollars going to the West Sacramento Aztecs U-16 boy's team to purchase uniforms.

See ya next week!

ACROSS THE BRIDGE: events around the region

Wildlife refuge open

The Stone Lakes National Wildlife Refuge will be open on July 21 from 9 am to 3 pm. Docents will be on hand to answer questions and offer viewing tips. For more information and directions, call 775-4420 or 775-4421.

Take in a foreign student

Homes for more than 1,110 exchange students (ages 15-18) are needed for the upcoming academic year. The students come from more than 30 countrues and can be seen by going to www.academicyear.org/students. To learn more about this program, call Danielle at 800-322-4678 ext.5164 or e-mail dcarpino@aifs.com.

July cemetery tours

The Old City Cemetery Committee has scheduled the following July tours of the historic Old City Cemetery at Broadway and 10th Street in Sacramento: Friday, July 13; Saturday, July 14; Friday, July 20; and Saturday, July 28. For more information and tour updates, call 448-0811.

Clocker Art Gallery events

The following events at the Clocker Art Museum have been scheduled for July: Summer Film Series, *Paris, City of Light* (July 5); Story Tellers from the Heart, July 8; Exhibition Tour and Workshop (July 14); Museum Store Trunk Show (July 14); Third Thursday Jazz (July 19); Summer Film Series, *The Red Balloon* (July 21); Story Time in the Gallery (July 25); Tours and Talks (July 28). For more information about these events, call 264-5423.

Music Circus season begins

The Music Man returns to the Music Circus to kick off the 2001 summer series on July 9-15. The Music Circus is located on the corner of 15th and H Streets in downtown Sacramento. For ticket information, call 557-1999 or 766-2277.

Volunteers needed for race

Volunteers are needed for the t annual Apace Great Race, which will take place on July 21. This is the perfect opportunity for groups/individuals to work together and provide a helping hand for one of Sacramento's premiere sporting events. For a volunteer application, call 875-6640 or visit wnw.thegreatrace.com

Art exhibit

The Sacramento Fine Arts Center, 5330-B Gibbons Drive in Carmichael, will be displaying the watercolors and mixed media of Sacramento artist Anne Bradley and her advanced students, beginning on June 25th. For more information, call 971-3713.

Arts and crafts show

Sacramento's premiere contemporary crafts and fine art show returns this fall (October 5-7) at the Sacramento Convention Center. Over 225 exhibitors will participate this years, featuring artists in ceramics, woodworking, painting and sculpting. For tickets and events information, call 530-756-6456.

Senior exercise classes

InfoLine Sacramento has compiled a list of exercise programs especially designed for older people. For a free copy of this list, call 498-1000. InfoLine is a program of the Community Services Planning Council and provides free telephone information and referral services. The program operates Monday thru Friday from 8:30 a.m. to 4:45 p.m.

Exchange students

The American Intercultural Student Exchange is looking for American families to host foreign high school students for the 2001/2001 school year. These are young people between the ages of 15 and 18 who speak English, have their own spending money and medical insurance. For more information, call 1-800-844-4101 or visit wnw.aise.com.

More college classes

For class schedules and registration information, visit the Los Rios District Web site at wnw.losrios.org or call 568-3041.

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Departure: Helen's picnic place 1520 Merkley Ave. West Sacramento, CA.
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Sports QUIZ

by Chris Richcreek

1. True or false: Wally Pipp, the man Lou Gehrig replaced at first base for the New York Yankees, once led the American League in homers for a season?
2. Name the last pitcher before Brad Radke to start a season 5-0 for the Minnesota Twins.
3. Who was the last Florida Gators player before Gerard Warren this year to be picked as high as No. 3 overall in the NFL Draft?
4. Name the most recent season in which a center led the NBA in free-throw percentage.
5. How many years passed between NCAA hockey championships for Boston College?
6. Who was the winner of the first CART race?
7. Before 2001, how many Grand Slam singles titles had Jennifer Capriati won?

QUILTERS

from p. 2

made by hand. They chose a triple rail fence pattern and started cutting and sewing.

Most of the girls had never sewn on a sewing machine before and they began by sewing straight lines on scraps of fabric and then quickly moved on to sewing strips together to form their quilts. The class met about 13 times for up to two hours per session. It was exciting to see the looks of pride and accomplishment as the quilts came together one by one.

The quilts were judged and displayed in the first week of May at the Spring Show. Most received a first place ribbon and one of the quilts was chosen best of show.

Much of the credit for making all this possible needs to be given to Alan Cadero at West Sacramento's Cloth Country, who donated almost 20 yards of cloth to the girls. He is a true asset to our community and to the 4-H group. His kindness and generosity will not be forgotten and some of the girls' quilts are presently on display at Cloth Country.


Phillips Roofing Co.
● Free Estimates! ● Hot Tar
● Shingles ● We Do Hauling!
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SEWER & DRAINWORK
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WEDNESDAY NIGHTS:
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9 p.m. to midnight!
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Ladies' Night!
$1.50 bar drinks & beer for ladies
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'Black Marble Night' is EVERY night!
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See your k.j. for details!
We do karaoke for parties!
Call 371-4376 for info!
BRICK SHOT HOUSE
3217 West Capitol Ave., W.S.
372-8070
Open 7 nights/week from 8:30 p.m.

News-Ledger Directory *of* Local Places *of* Worship

Anna Street Baptist Church
Rev. Norman Pollitt, 371-6560
1400 Anna St., W. Sac.
Sun. 10am Bible Study
11am Worship Service
Wed. 7pm Prayer/Bible Study
http://www.forministry.com/95605ASBC

Community Lutheran Church
Rev. Marjorie C. Beach, Pastor
920 Drever St., 371-8804
10am Worship/Sun. School
Friendly, family, inclusive language.
The 'come as you are' church.

Seventh Day Adventist Church
H. Eugene Miller, Pastor
334-9315, 2860 Jefferson Blvd., W. Sac.; PO Box 447, W. Sac., 95691;
Sat. Sabbath School 9:30am
Worship 11am. 372-6570

First Baptist Church
Gary Clements, Pastor
Sun. Worship 9:45am
Sun. eve. fellowship 6pm;
Jr/Sr hi. youth Mon. 6:30pm
Home Bible Studies Tues 7pm
Awana (K-6) Wed. 6:30pm; Boy Scouts (11-18) Thurs. 6:30pm;
Men's Prayer Fllwshp Sat. 8am
1511 Delaware Ave. 371-4061

Trinity Presbyterian Church
Rev. David Huusko, Pastor
1500 Park Blvd.
371-5875
SUNDAY SCHEDULE:
10am: Worship Service
11:15am Christian Education
Child Care Provided
JOIN US!

Holy Cross Catholic Church
1321 Anna St., near Todhunter, 371-1211
Rev. Chad Putholf, SDS
Sat. Vigil 5pm (English)
Sun. 9 (Eng.);
noon & 7 pm (Spanish)
Mon. 8:30am, Tues-Wed. 7am,
Thurs. 6:45 (Spanish)
Fri. 8:30am

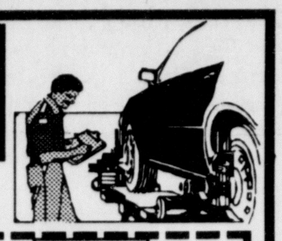
First Southern Baptist Church
Pastor Michael Root
Sun. School 9:30am
Sun. Worship 11am, 6:30pm
Wed. 6:30pm Prayer Meeting & Bible Study
2124 Michigan Blvd.
371-2111

SOUTHPORT COMMUNITY CHURCH
James Allerton, Pastor
2568 Industrial Blvd.
Elem. School, 10:30 a.m.
Children's programs
Weekly small group Bible Study
Great music
www.southportchurch.com
372-7818

Center for Spiritual Awareness
Rev. Georgia Prescott
374-9177, 1020 W. Capitol Ave.
"Where the Elks Used to Meet"
Sun. Service 10am
9:30 Meditation
Junior church for all ages
We celebrate diversity!
Everyone welcome!

MARKETPLACE

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Quality Work ■ Honest Estimates
West Sacto's only AAA-approved auto repair!

TRY US! We also do:
■ 30,000 mile warranty service
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Call 373-1772!

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We use Raybestos. Install premium pads or linings. Resurface drums or rotors. Free bearing repack. 4WD & semi-metallic extra. Exp. 6/30/2001
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14-Point safety inspection. Oil change to 5 qts. any weight. Install new filter. Lube chassis (if applic). Most vehicles. We carry most brands of motor oil. Expires 6/30/2001
$19.98 Reg. $21.98

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Rick's Chevron
'Gasoline & so much more!'
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West Sacramento ■ 371-7188
Home of the Touchless Car Wash!



Advertisers' Corner:

Need your roof fixed? Here's the guy!

(Note: Below is the latest in a series of News-Ledger profiles of the newspaper's advertisers. Enjoy!)

By Daryl Fisher
Features Editor

Bill Phillips, who owns and operates West Sacramento's Phillips Roofing Company, was born and raised in Pennsylvania.

"My father worked in the coal mines," recalled Bill, "and he was also a toolmaker. All my uncles were contractors, though, and I learned most of the principles of being a good contractor from them."

After high school Bill moved to Michigan and worked in factories until he decided to head out to California with his wife and three children in 1968.

"As soon as I got here," remembered Bill, "I took a job with a roofing contractor and I started at the very bottom, driving delivery trucks, tearing off old roofs, and doing all the other manual labor that went with the job. After only four years, though, I applied for a contractor's license and I've been in business for myself ever since."

All of Bill's children attended local schools and he and his wife of 40 years, Kim, quickly learned to appreciate what a nice community West Sacramento is.

"It's a great place to be a roofing contractor," explained Bill. "The weather is wonderful here and business has always been steady. Plus my wife and I love the small town feeling you get living here. It was a great place to raise the kids and I've never regretted making the move out here."

Over the years, Bill has done a number of large roofing projects, including some buildings for the Rice Growers Association, but most of his business comes from re-roofing residential homes.

"The key to doing quality roofing work is to use quality materials," said Bill. "I use materials from good companies like Elk, Owens-Corning and Celotex. Good manufacturers have good warranties on their products, and I'm able to pass them along to my customers. Plus you have to have good people working for you, and a couple of my people have been with me for more than a decade. My son, Paul, is also a contractor, and he helps me on quite a few of my jobs."

In addition to being his own boss and getting to work outdoors, Bill also enjoys the fact that the roofing business is always full of surprises.

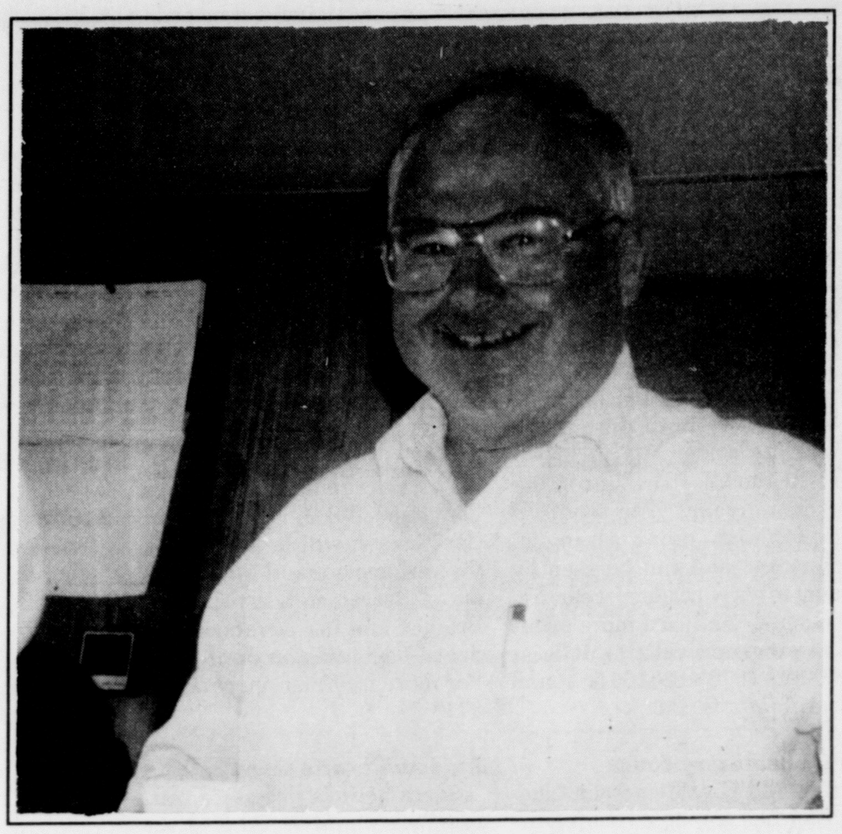
"A couple of times we've come across pretty large beehives and once we actually had to call a guy to come out in a bee suit to smoke them out," said Bill. "Another time we had a roof that a raccoon kept tearing into so he could make a nest in the attic, and we were called back a couple of times to make it raccoon-proof. I guess the best part of roofing, though, is all the nice people you get to meet and then doing a good job that they can be happy with."

"Bill has been doing a great job for us for over 25 years," said Ritchie Carlson, who works for Lyons Real Estate in West Sacramento. "We use his company not only for new roofing projects and repairs, but also for certifications which are needed before we can sell properties. He's always responsive to our needs and if there's a problem, he immediately takes care of it. He's done an awful lot of work for us and we've never had a complaint. He's had a lot of satisfied customers, I can tell you that."

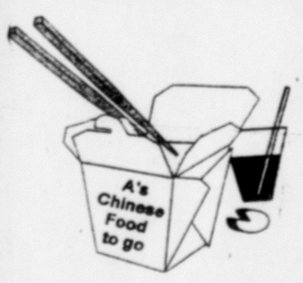
Bill and Kim have three grown children. Their oldest is son John, who works for the Department of Agriculture in Washington, D.C.; their middle son, Paul, is a skilled contractor who works mostly in the Sacramento/Natomas area; and their youngest son is Nathan, an assistant professor of geography who recently completed a prestigious study with his colleagues at Duke University on the effects of human activities on global warming.

"If any of your readers need a good new roof that will last them for a long time," said Bill, "all they have to do is give me a call and I'll come right out, take a look at it, and give them an estimate. Pricing is just a matter of taking measurements and choosing the kind of materials a customer wants to use. I'm bonded and licensed and take a lot of pride in my work, and I will do my very best to see that they get the best new roof possible."

To see Bill's new News-Ledger ad, please turn to page three. Bill can be reached by calling 916-372-0350.



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A'S CHINESE FOOD TO GO
AT THE 'LA BOU' CENTER!
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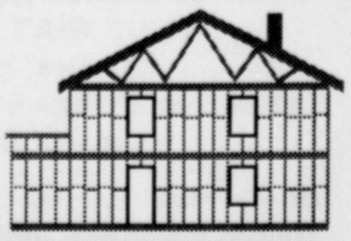
2731-B Rice Ave.
(916) 371-7474



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Western Wear
LINDA SHAVER
Men's & Ladies' Fashions & Work Wear
AL ZANUSSI ■ 3066 W. Capitol Ave., W. Sacramento ■ 372-5384 & 371-5326

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GREAT FOOD.
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■ Local
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CA 95691
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Buying a home? Or selling? Do you have questions?

■ *How do I buy another home and sell mine?*
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You can start by calling JOHN KANE, 373-5300.

He has the answers to your questions, and can tailor-make a "Real Estate Plan" that makes sense for you. He has helped many West Sacramento families -- and his experience does make a difference.

Complete Vision Care for Children & Adults
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PRESCRIPTIONS FILLED.
LOW VISION AIDS.
Vision Insurance Plans, MediCal and Medicare welcome.
1029 Jefferson Blvd., Suite B
West Sacramento
371-3421

YOLOBUS To Sac. Airport
371-2877

Fictitious Business Name Statement
Filed JUN 15, 2001
File No. 2001-398

The following person is doing business as JL Landscape Materials, Inc., 3222 West Capitol Ave., West Sacramento, CA 95691:

A California corporation; GERALD LEROY LAMBIRTH, 1032 Meadow Rd., West Sacramento, CA 95691; Dennis Copenhauer, 5301 14th Ave., Sacramento, CA 95820.

This business is conducted by a corporation. The registrant commenced to transact business under the fictitious business name or names listed above on 5/7/2001.

/s/GERALD LEROY LAMBIRTH
CEO/President

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date 6/15/2001
by: /s/P. Robles, Deputy Clerk
Jun 20 27 Jul 4 11

The power to prevent legislation from being implemented is called a veto. The word is a Latin word meaning *I forbid*.

Fictitious Business Name Statement
Filed JUN 4, 2001
File No. 2001-377

The following person is doing business as Capay Valley Winery, #1 Ranch Road, Brooks, CA 95606:

Pamela S. Welch and Tom Frederick, same address as above.

This business is conducted by Co-Partners. The registrant commenced to transact business under the fictitious business name or names listed above on 6-1-01.

/s/Pamela S. Welch
/s/Tom Frederick

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: JUN 4, 2001
by: /s/Sara Pfeifle, Deputy Clerk
Jun 20 27 Jul 4 11

Fictitious Business Name Statement
Filed May 31, 2001
File No. 2001-366

The following person is doing business as Diggin' Dog Farm, 18265 Co. Rd. 70, Brooks, CA 95606:

Eric John Patterson, same address.

This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 5/31/01.

/s/Eric Patterson

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: May 31, 2001
by: /s/Sara Pfeifle, Deputy Clerk
Jun 20 27 Jul 4 11

Fictitious Business Name Statement
Filed JUN 15, 2001
File No. 2001-399

The following person is doing business as Lambirth Trucking, Inc., 1023 Meadow Rd., West Sacramento CA 95691:

Gerald Leroy Lambirth, same address.

This business is conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on 5/7/2001.

/s/GERALD LEROY LAMBIRTH
CEO/President
Lambirth Trucking, Inc.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: June 15, 2001
by: /s/P. Roble, Deputy Clerk
Jun 20 27 Jul 4 11

Fictitious Business Name Statement
Filed May 31, 2001
File No. 2001-365

The following person is doing business as A Healing Garden, 926 Court Street, Woodland CA 95695:

Tina L. Ginnetti, 926 Court St., Woodland CA 95695.

This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 7/15/01.

/s/Tina L. Ginetti

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: May 31, 2001
by: /s/K. Weisenburg, Dep Clerk
Jun 20 27 Jul 4 11

Fictitious Business Name Statement
Filed June 1, 2001
File No. 2001-371

The following person is doing business as Woodland Plaza; Woodland Plaza Automotive Center; Woodland Automotive Center; 151 W. Main St., Woodland:

Clarence L. Gribbon, 611 Pine Creek Rd., Walnut Creek, CA 94598.

This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 10-1-89. Previous fictitious business name number 95-121

/s/Clarence L. Gribbon

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: JUN 1, 2001
by: /s/Sara Pfeifle, Deputy Clerk
Jun 20 27 Jul 4 11



In 1938, Northwestern University conferred an honorary degree on ventriloquist Edgar Bergen's dummy, Charlie McCarthy.

YOLO COUNTY
HOUSEHOLD HAZARDOUS WASTE
COLLECTION DAY

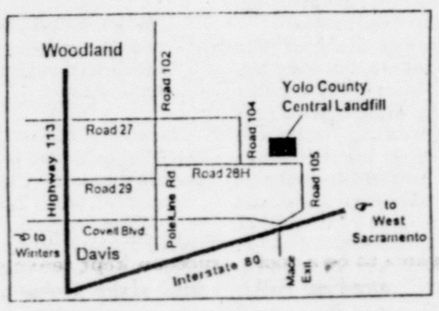
WHEN: **SATURDAY, JULY 14, 2001**
9:00 a.m. - 2:00 p.m.

WHERE: YOLO COUNTY CENTRAL LANDFILL
County Road 28H, east of County Road 104

PLEASE:

YOLO COUNTY RESIDENTS ONLY
NO COMMERCIAL OR AGRICULTURAL WASTE
For small business waste call 1-800-952-5566.

TYPICAL HAZARDOUS MATERIALS ACCEPTED AT NO CHARGE:
Poisons, solvents, pesticides, herbicides, latex and oil based paints, full aerosol cans (no empties!), motor oil, household batteries, auto batteries.



Yolo County Central Landfill
County Roads 28H and 104
North of Davis and East of Woodland

RECYCLE YOUR MOTOR OIL AND BATTERIES YEAR ROUND AT YCCL
NO EXPLOSIVES OR RADIOACTIVE MATERIAL

YOU MAY NOT HAUL MORE THAN 125 POUNDS OR 15 GALLONS DUE TO DEPARTMENT OF TRANSPORTATION REGULATIONS

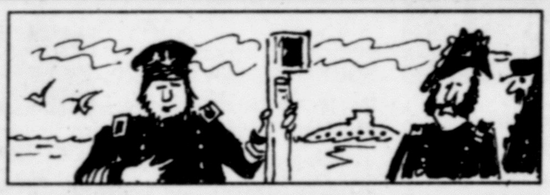
Services funded by Yolo County Planning and Public Works through waste disposal fees collected at the Yolo Co. Central Landfill.
For more information, call (530) 757-5564.



Helen's Picnic Place
Food with that great homemade taste!
■ Lunch ■ Coffee
■ Espresso ■ Bakery treats
■ Catered lunch meetings & parties
Always served with a smile!
1520 Merkley Ave. ■ 372-6441



Newly Renovated!
CAPITOL BOWL
■ Pool tables
■ Video arcade
■ 'All You Can Bowl', only $15 per lane: up to 3 hours M-F & up to 2 hours Sat-Sun. Up to six bowlers per lane!
900 West Capitol Ave., West Sacramento ■ 371-5631



The periscope was invented by Thomas Doughty of the United States Navy in 1864.

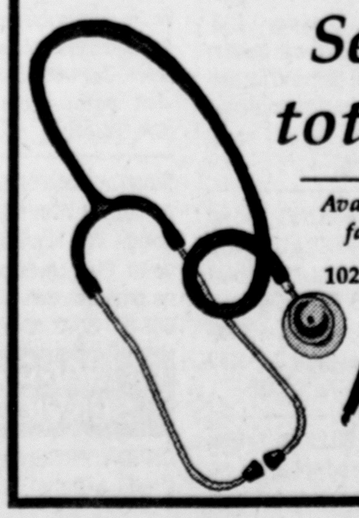
West Sacramento Center
Sacramento City College
Now offering 3, 6, 9, & 18 week, day and evening classes. 1275 Halyard Drive in West Sacramento. Call for more information.
1275 Halyard Drive
West Sacramento, CA 95691
(916)375-5511
Los Rios Community College District

Havey's Barber Shop
William 'Bill' Havey, Jr.
849 Jefferson Blvd., Suite 103
West Sacramento ● 371-4921
Next door to 'La Bou'

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The News-Ledger remains locally owned, independent and committed to its community.
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Chandan Cheema, M.D.



Serving the total patient.

Available to serve you and your family in West Sacramento.

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MARKETPLACE

Local Classified Advertising

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A-2000-51

PHOENIX PAINTING COMPANY: In business since 1981, doing residential and commercial painting. FREE ESTIMATES. Bonded & insured. License No. 415670. Experienced in special coatings. Senior discount. Phone (916) 372-2941.
PPC-6tfn

COOPER'S LANDSCAPE SERVICES: Weekly, bi-weekly & one-time cleanups. (916) 375-2664. Mark Cooper, Owner. Licensed & Insured.
51

HAULING

HAULING AVAILABLE! Put our two-ton truck to work on your hauling needs. Or call us for premier roofing service! Bonded & Insured. Phillips Roofing, 372-0350. Lic. #337395.
43tfn

BARBER & STYLING

West Capitol Barber Shop: Men's & ladies' cuts, senior discount on cuts. Children always welcome! Tues-Sat, 9am-6pm. Ask for Bill the Barber. 1536 West Capitol Ave. 371-2563
wcb-44tfn

HOMES FOR SALE

HITCH YOUR WAGON TO A STAR! Fabulous 3 bedroom, 2 full-bath home! Features a large master suite with sitting area, all-new carpet, tile, lino & paint. Over 1,400 sq. ft! Ask to see this soon! Jeff Puliz, agent, 373-9600! $168,950, 2864 Pintail Court.
jk37tfn

CALIFORNIA BUNGALOW ON TREE-LINED STREET! 2 bed, 1 full bath, 1 car garage, hardwood floors throughout this light & airy home! Gardener's paradise in large bckyard w/covered patio! Modern kitchen, easy to heat & cool, close to downtown, walk to shopping complex. For more information on this California bungalow, call John Kane, Brk, at 373-5300! 1805 Laurel Lane, $127,800.
jk44tfn

WHAT A GEM! 3 bedroom home features HUGE family room w/vaulted ceilings, COZY living room w/fireplace, central H/A, & 1 1/2 baths, located iN WONDERFUL Westmore Oaks neighborhood. Priced to sell fast! $169,900. Call Broker, Jeff Morazzini 372-5933.
hp28tfn

For a list of homes and land for sale, call John Kane, brk., KANE Realty at 373-5300!
36tfn

FOR PICTURES & INFORMATION on homes listed in West Sacramento, go to:
www.WestSacHomes.com
Brought to you by Home Port Realty, 916.372.5933.
11tfn

SOUTHPORT BEAUTY: Totally updated & remodeled 3-4 bedroom Southport home in a cul-de-sac with 2 full baths, big kitchen & family room, living room fireplace, 2-car garage, big back yard, new carpeting, new interior & exterior paint. Come by & see it at 2874 Kimberly Court. Listed for $179,900. Call John Kane, brk, at Kane Realty for appointment or more information. 373-5300.
jk-41tfn

HOMES FOR RENT

Let us be your source for West Sacramento rentals! S&S Property Management, owner Bill Shower. Just call 371-1870 or email rentals@ssproperty.com for information on what could be your next home!
ss37tfn

3 BR, 1 bath, w/fireplace, fenced front & back yards, 1 car garage, 1 small pet OK. 1224 Hobson St. $800/month + $800 depo. Call 371-3356.
44--x

DUPLEX FOR RENT: $650. On Pennsylvania Ave. 2 bdrm, 1 bath, washer/dryer hookup, automatic sprinklers, miniblinds, new carpet. Also house on Delaware for rent, $900. Call 371-9000.
H-45tfn

AUTOS

Ford '65 F100: cab and front fenders and grill. $50. RENAULTS, -58 & '63, restorable, with extra parts, $500. Leave message at 371-8797.
Y-48

GARAGE SALES

Garage sale Sat., July 14, from 7 a.m. to 2 p.m. at 1304 Meadow Rd. Furniture & more.
47

LOST & FOUND PETS

LOST DOG: Black Schnauzer, male, 1 year old, on Todhunter Ave. between Hobson & Drew streets. $100 reward! Please call 371-1201.
49

ALWAYS a free classified ad for lost & found pets. Call the News-Ledger at 371-8030 by prior Monday for Wednesday publication.

Delicious Fruit Dishes

Sample Summer's Sweetest Offerings With Fresh Berries And Whipped Cream

(NAPS)—Summertime has arrived, offering warm weather, endless sunshine and the sweet, delectable flavor of fresh berries.

As delicious as they are diverse, blueberries and raspberries are perfect in a variety of dishes and especially tasty when served with real whipped cream.

Create these "berry" delicious summer treats with fresh blueberries and raspberries, topped off with the dairy goodness of Reddi-wip real whipped cream.

Blueberry Tiramisu

1 3-oz. package cream cheese, softened
1 cup ricotta cheese (½ of a 15-oz. carton)
⅓ cup frozen orange juice concentrate, thawed
1 15¾ - or 17½-oz. can vanilla or lemon pudding
2 3-oz. packages ladyfingers, split
3 cups blueberries
1 cup raspberries
Reddi-wip real whipped cream

In a mixing bowl, combine cream cheese, ricotta cheese and orange juice concentrate. Add pudding, stirring until smooth.

Arrange half of the ladyfingers, cut-side up, in a 2-quart rectangular baking dish. Spoon half of pudding mixture evenly on top. Sprinkle with half of blueberries and raspberries. Repeat layers. Cover and chill at least 4 hours, or overnight. To serve, cut into pieces; garnish with Reddi-wip®. Makes 12 servings.



Tantalize your taste buds with a fresh berry parfait.

Fresh Berry & Pistachio Crunch Parfait
Raspberry Purée:
1 package (12 oz.) unsweetened frozen raspberries, thawed
1½ tsp. lemon juice
2 Tbsp. granulated sugar

Berry Mixture:
4 cups fresh, seasonal berries (blueberries, raspberries, strawberries or blackberries)
2 Tbsp. confectioner's sugar
2 Tbsp. Grand Marnier
6 biscotti or sugar cookies, crushed (about 1 cup crushed)
1 pint pistachio ice cream
6 (12 oz. each) pilsner glasses or tall, stemmed glasses
Reddi-wip real whipped cream

Raspberry Purée: Blend ingredients in food processor until smooth. Chill.

Berry Mixture: Toss all ingredients together and chill 10 minutes.

To assemble parfait, place about ¼ cup of berries in the bottom of each glass. Spoon about 2 Tbsp. raspberry purée over berries. Place layer of Reddi-wip real whipped cream over purée. Sprinkle with about 1 Tbsp. cookie crumbs. Repeat with berries, purée, Reddi-wip and crumbs. Spoon remaining berries on top of each parfait and top with small scoop of ice cream. Add additional Reddi-wip and garnish with remaining crumbs. Makes 6 servings.

Enjoy other easy and delicious recipes, plus receive a 35-cent coupon toward the purchase of a can of Reddi-wip real whipped cream, in the *Shake Up Your Recipes* booklet from Reddi-wip. For a free copy, send a stamped, self-addressed #10 business-sized envelope to: *Shake Up Your Recipes Cookbook Offer*, P.O. Box 5524, Dept. P, Riverton, NJ 08077-0806. Allow six to eight weeks for delivery. Also, visit wwwreddi-wip.com for more fresh recipe ideas.

Fresh Berry Tips And Fun Facts From Reddi-wip®

Blueberries:
- These North American natives are becoming more popular than ever, with more than 1,500 new products containing blueberries introduced last year.
- For the best blueberry flavor, purchase during peak season—from May through September.
- Plump, dry, firm, well-shaped and uniformly colored berries indicate they are ready to be taken home.
- Refrigerate blueberries at 31-32°F. They will keep for about two weeks.

Raspberries:
- Though raspberries are available with purple, golden and black hues, red raspberries are the most popular variety.
- Raspberries are available year-round, but they typically peak from May through September.
- Buy raspberries that are medium to bright red and free of surface moisture, which accelerates decay.
- Raspberries only last a few days, so be sure to use them immediately.

COFFEE FACTS & FIGURES

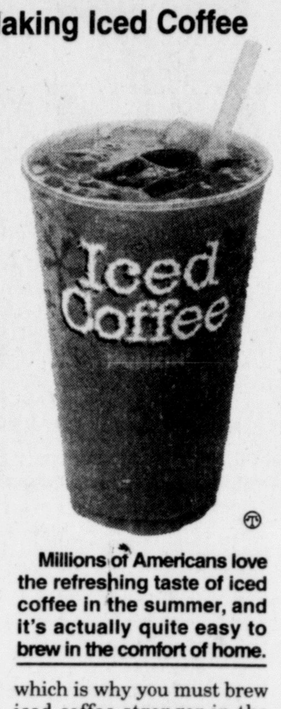
Tasty Tips For Making Iced Coffee

(NAPS)—Some 1.6 million Americans drink an iced coffee beverage on any given day, according to the National Coffee Association. Whether used as an energy boost, a break from the daily grind or a way to beat the heat, to many people—especially young adults between 18 and 24—a cup of iced coffee is essential to getting through sweltering summer days.

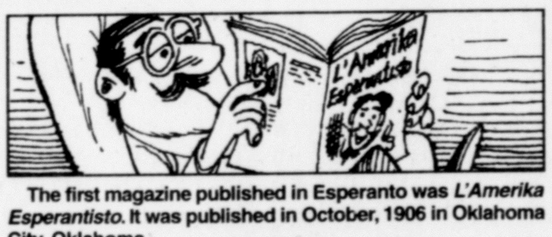
Many people aren't aware that there are special techniques to brewing iced coffee at home. By following some simple tips, people can create a refreshing cup of iced coffee that has the same great taste and quality as the iced coffee they love to buy at their favorite coffee shop.

Tips For Making Iced Coffee

- "Select blends of coffee that use 100 percent high quality Arabica coffee beans and stay away from lower quality Robusta coffee beans," says Rob Stephen, Manager, Coffee Product Development. "Dunkin' Donuts' Coffee By The Pound, available online at www.dunkindonuts.com and in most Dunkin' Donuts shops, provides the perfect blend of beans to make a great cup of iced coffee."
- Use a burr grinder instead of a propeller blade grinder to ensure that coffee is ground to a consistent particle size.
- To brew a full-flavored pot of iced coffee, double the strength of the coffee. Use four level teaspoons of ground coffee for every cup you brew.
- After brewing, add enough ice to the coffee to double the volume. "The melting ice weakens the coffee's taste, which is why you must brew iced coffee stronger in the beginning," says Stephen.
- To keep your iced coffee cool and fresh, store it in an airtight container in the refrigerator.
- Only make enough iced coffee to last you through one day. The shelf life of iced coffee is approximately eight hours before its flavor starts deteriorating.
- When serving iced coffee, don't be afraid to add milk, cream or sugar to sweeten and lighten to your liking.
- Don't store your coffee in the refrigerator or freezer. Coffee beans absorb moisture and aromas around them. "Store your coffee in an opaque, airtight container in a cool, dry place," says Stephen.



Millions of Americans love the refreshing taste of iced coffee in the summer, and it's actually quite easy to brew in the comfort of home.



The first magazine published in Esperanto was *L'Amerika Esperantisto*. It was published in October, 1906 in Oklahoma City, Oklahoma.

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Before I got married, I had six theories about bringing up children; now I have six children and no theories.

—John Wilmot, Earl of Rochester (1647-1680)

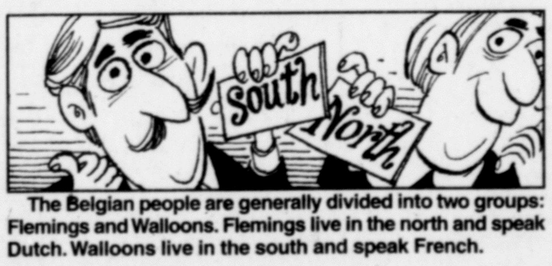
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One of the things I like best about animals in the wild is that they're always off on some errand. They have appointments to keep. It's only we humans who wonder what we're here for.

—Diane Ackerman

***



The Belgian people are generally divided into two groups: Flemings and Walloons. Flemings live in the north and speak Dutch. Walloons live in the south and speak French.

"Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates."

AUTOMOTIVE

CHARITY CARS - Donate your vehicle. Seen on Oprah and People! Tax deductible, free tow. Providing donated vehicles to struggling families. 1-800-442-4451, www.charity-cars.org (CAL*SCAN)

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4 OUT OF 5 people with herpes do not know they are infected, 10 minute testing call 1-877-861-6480 for your nearest provider. www.pockit.com (CAL*SCAN)

HELP WANTED

ASSEMBLY AT HOME Arts, Crafts, Jewelry. Also electronics, sewing, typing in your spare time. Great pay. No experience. No Fee. Will train. Call 800-795-0380 ext. 2 (24/hrs.). (CAL*SCAN)

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DRIVER - IT PAYS to start with us. Call SRT today. 1-877-244-7293 or 1-877-BIG-PAYDAY *Great pay *Paid weekly *Excellent benefits *$1,250 sign-on bonus. *Driving Student graduates welcome. Southern Refrigerated Transport. (CAL*SCAN)

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DRIVERS Hiring Drivers *Free training Class A CDL. Inquire about: *20 days on/10 days off. *Tuition reimbursement *Immediate benefits. Must be age 21. Call: 1-888-810-2778. CRST. EOE (CAL*SCAN)

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$2,000 SIGNING BONUS. This is your last career change!!! Sales Representative for local territory. $1,000-$1,500/week possible. We furnish 2-3 pre-set appointments each day. No Cold Calling. No slow or off season. Immediate product delivery. No holdbacks. Solid financing. Company sponsored health insurance. Guaranteed salary during 90-day training. Car a Must. Full time positions only. Call Bob Diamond at Craftmatic Adjustable Beds. 888-566-9144 Monday-Friday 9:00-5:00. (CAL*SCAN)

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MISCELLANEOUS

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FOR SALE STEEL BUILDINGS Sale: 40x60x14, $10,712; 50x75x14, $13,176; 60x100x16, $20,248. Mini-storage, 40x160, 32 units, $17,228. Free brochures. www.sentinelbuildings.com Sentinel Buildings, 800-327-0790, Extension 79. (CAL*SCAN)

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OPINION

News-Ledger Editorial:

City vs. county headscratcher

There's an unusual little situation brewing between the City of West Sacramento and the County of Yolo The impasse – at least for the moment – is causing West Sacramento to consider backing away from a deal to merge with Sacramento's sewage district, and to instead spending $80 million on its own new sewage treatment plant. Paying for the plant would be no small feat for a city with distant dreams of reaching 60,000 people.

The problem is that West Sacramento has negotiated a place on the board that governs the Sacramento sewage district if it joins. But Yolo County now wants to share control over that seat.

In practical terms, the difference probably means little. It's hard to imagine Yolo County exerting this power to work against West Sacramento's interests.

But, at least in theory, this forced power-sharing would mean that Yolo County has the potential to keep West Sacramento from pursuing its best interests on the sewage district board – interests that include keeping its costs down and allowing for services to be provided to new development in the city. Yolo's influence could find itself in conflict with West Sacramento's, and that conflict could hurt West Sacramento. County supervisors from outside West Sacramento could find themselves with significant influence over the sewage rates and service that are so crucial to the city's future growth and prosperity.

But the puzzler is why the board voted 3-2 (McGowan and Wolk dissenting) to insist on the power-sharing.

Tom Stallard, the chairman of the Yolo County supervisors, explained his position on the "yes" side of the board's vote to the News-Ledger last week. He emphasized that the board deserved at least a nominal voice on the Sacramento sewage district board if West Sacramento hooks up to it, because:

1. The county will be affected by the new major sewage line that will travel south of West Sacramento;
2. West Sacramento officials failed to communicate adequately with county officials during the planning for board representation; and
3. Other Yolo jurisdictions may want to join the Sacramento district in the future.

To which the responses seem to be:

1. Yolo County doesn't need to share West Sac's board representation on the Sacramento sewage district to protect itself from the new pipeline below West Sacramento. Should there be a problem with that line, there are existing legal tools to ensure that they are fixed, and there's no reason an entity that won't be directly affected by sewage rates and service should sit on the board because of the pipe.
2. If West Sacramento officials indeed failed to keep Yolo informed about the specifics of the merger, that's too bad – but hardly reason to strong-arm the city and sideline the merger while future development and tens of millions of dollars of city residents' money are at stake.
3. If other Yolo jurisdictions join the Sacramento district in the future, they should be given representation on its board at that time.

In other words, there just doesn't seem to be a big "gray area" in this particular dispute. It's hard to understand why supervisors Rosenberg, Pollock and Stallard voted the way they did, creating an unusual conflict between the county and one of its cities.

No doubt this little problem will be negotiated away, and Assemblywoman Helen Thomson will bring back the sewage merger legislation that the spat has sidelined. But if you figure out why it happened in the first place, please let the rest of us know.

Letters to the Editor

Making history

(Response to News-Ledger Editorial, July 4)

Somehow it appears that the City of West Sacramento remains the stepchild of Yolo County. We don't have a university and we are not the county seat of Yolo, and our per capita income is one of the lowest in the county. Our history is fragmented because we were unincorporated until 1987. Most of the history of West Sacramento is found in Shipley Water's book on the subject.

Now the johnny-come-lately's (developers) are taking a shot at fragmenting our new city by promoting one section of town known as Southport, spending large sums of money on flags promoting that district. Even local real estate agents are referring to Southport, California, which is a misnomer. It is still the City of West Sacramento. Many people spent much of their lives trying to ensure incorporation and our autonomy is fragile indeed. We do not need outside developers to deepen the cu.

As President of the West Sacramento Historical Society I can attest to the fact that preservation is tenuous but a light is on the horizon. On May 16, 2001, the West Sacramento City Council unanimously voted to co-author the application to the Washington Firehouse application for State Point of Historical Interest Status which was submitted by the West Sacramento Historical Society. On August 3, 2001, on the Queen Mary located in Long Beach, the nomination will be voted on by the California Office of Historical Preservation. Soon the City of West Sacramento will have our first historical site recognized by the State of California.

LANA PAULHAMUS
President, West Sacramento Historical Society

Thank you!

As President of the Clarksburg Elementary School PTC I would like to thank the following West Sacramento businesses for their generous donations to our 2nd annual 4th of July BBQ and raffle. Without their support our event would not have been the great success it was. We raised over $1000 this year.

Thank you to: Tony's Fine Foods, Supply Hardware, La Bou, Rite Aid, Walgreen's, Papa Murphy's, Safeway, Pizza Guys, Wild West Feed, Taco Bell, Staples, Bakers Square, Carl's Jr., Mt. Mikes' Pizza, Jack in the Box, Denny's, Blockbuster Video, Ram Auto, KFC, Round Table Pizza, Hollywood Hardware, River Cats, Kragen Auto, Club Pheasant, Vince's Restaurant, and Gorman's Stationery. Since 30 percent of our students come from West Sacramento, you are all quality businesses that truly support your community.

Karen Martinelli-Chesnut
President, C.E.S.P.T.C.

We need more wheelchair accessibility

In early June, 2001, we were reminded that the big DMV headquarters building had not yet been modified to make it ADA (Americans with Disabilities Act) accessible so that wheelchair folks could have access to bathrooms. Sadly, no retrofit updates yet.

The ADA was passed over ten years ago. Yet this month we see a repeat report on the new EPA building. Something is very wrong when plans for a large new public building do not have ADA access elements factored in the building plans to begin with. Maybe the ADA should require such plans to be inspected by wheelchair folks as well as a licensed inspector.

And perhaps the time has also come for all localities to list all buildings that should be ADA accessible, but are not, regardless of who owns or occupies them. Prioritizing and financing the necessary work would be quite a challenge.

This would provide a unique opportunity to rethink the rules on new sidewalk corners. Present rules require new w/c accessible corners whenever new construction is done in the area, even if such corners are already w/c accessible (but do not meet the exact measurements called for by the ADA). A more common sense approach would be to mark and record such corners for later modification after the "non-w/c accessible corners" have been repaired and made w/c accessible. Such prioritizing would also make safer walking for non-wheelchair folks, too.

It will also be nice when most new homes are built w/c accessible.

WILLIAM A. LOWELL
West Sacramento

File No. 2001-407
FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is/are doing business as: SHEA DESIGN STUDIO, 655 Brea Canyon Rd, Walnut, CA 91789

Shea Homes Limited Partnership, 655 Brea Canyon Rd., Walnut, CA 91789

This business is conducted by a limited partnership.

The registrant commenced to transact business under the fictitious business name or names listed above on 1/1/01.

SIGNED: RONALD L. LAKEY, FOR J.F. SHEA CO., INC., MANAGING GENERAL PARTNER OF SHEA HOMES LIMITED PARTNERSHIP

This statement was filed with the County Clerk of Yolo County on June 19, 2001.

NOTICE-This Fictitious Name Statement expires five years from the date it was filed in the Office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 17900 et seq., Business and Professions Code).

First Filing
News Ledger
CN614006 Jun 27, Jul 4,11,18, 2001

Fictitious Business Name Statement
Filed May 31, 2001
File No. 2001-368

The following person is doing business as Lee Michael Alan Walthall dba Delta of Venus, 122 B St., Davis CA95616:

Lee Michael Alan Walthall, 5521 Aileen Way, Sacramento CA 95819.

This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 5/31/01.

/s/Lee Walthall

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: May 31, 2001
by: /s/Georgie Tolle, Deputy Clerk

Jun 20 27 Jul 4 11

Filed JUN 4, 2001
File No. 2001-375

The following person is doing business as Her Shopping Directory; Her Shopping Guide, 602 Laurel PL., Davis CA 95616:

Maria Medina, same address.

This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 6/4/01.

/s/Maria Medina

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: JUN 4, 2001
by: /s/Victoria Barnes, Deputy Clerk

Jun 20 27 Jul 4 11

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF YOLO
NO. JV-99-00197
In the Matter of MARICELLA GARCIA/AKA RAMOS, Minor.
CITATION

TO: Shaun Steele, McKinley Johnson, and all persons claiming to be the father of the above named minor.

YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 238 W. Beamer Street, Woodland, California, 95695, on August 22, 2001, at 9:00 a.m. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor child born to Alicia Garcia on June 17, 1999. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you.

Dated: 6/11/01.
/s/Thomas E. Warriner
Judge of the Juvenile Court

Jun 20 27 July 4 11

PUBLIC LIEN SALE

Notice is hereby given pursuant to CA Bus. And Prof. Code 21700 et seq that A&S Mini Storage, 541 Harbor Blvd., will for the purpose of satisfying lien for storage, sell at public auction at 10:30 a.m., the 17th day of July 2001, the contents of the storage spaces named below, which consist of misc. personal property, household, garage and yard items. Terms and inspection prior to sale.

Jose Martinez, D-12; William Carswell, D-23; Alex Estranda, F-27; Raul Caballero, G-20; Tamara Leivo, G-29; Daniel Flynn, H-23; Laura Pettway, I-8.

Bob Kolak Auction Service Lic. A-468

Jul 4 11

PUBLIC HEARING NOTICE

The West Sacramento Redevelopment Agency will conduct a public hearing on July 18, 2001 at 7:00 p.m. or as soon as possible thereafter to consider the proposed sale of the Redevelopment Agency-owned development parcel bounded by 3rd/4th/"B" and "C" streets to Regis Homes, Inc. The hearing will be held at City Hall, 1350 Halyard Drive, West Sacramento.

Interested persons are invited to attend. In compliance with the Americans with Disabilities Act, if you need assistance to participate in the meeting, you should contact the City Clerk at 373-5800. Notification 72 hours prior to the hearing will enable the City to make reasonable arrangements to assure accessibility to this meeting. City Hall is handicapped accessible. A report containing information regarding the proposed sale is available at the offices of the Redevelopment Agency at 1350 Halyard Drive, West Sacramento.

July 4 11

In the 1890s the Victor Talking Machine company of Camden, New Jersey introduced the first flat phonograph record.

NOTICE OF SALE

In accordance with the provisions of the California Uniform Commercial Code, there being due and unpaid storage for which CAPRI MOBILE HOME PARK is entitled to a lien as Warehouseman on the goods hereinafter described, and due notice having been given to parties known to claim an interest therein, and the time specified in such notice for payment of such charges having expired, notice is hereby given that these goods will be sold at public auction in Yolo County at 504 Glide Avenue, Space 48, West Sacramento, CA 95691 on July 30, 2001, at 10:00 a.m.

The property to be sold consists of a 1957 SILST mobilehome, Decal No. ABA7476, Serial No. SS476513 and including any "household goods" contained within, owned by John A. Hopkins. The storage due is $1,922.21, plus additional storage of $8.14, actual utilities consumed, and other incidental processing or transportation charges incurred after June 13, 2001, including, without limitation, attorney's fees and costs of publication.

Dated this 29th day of June 2001, at Santa Ana, California, by ELAINE B. ALSTON. Copenbarger, Alston & Gieser, Authorized Agents for CAPRI MOBILE HOME PARK.

/s/ELAINE B. ALSTON
july 11 18
cns269767

Fictitious Business Name Statement
Filed JUN 20, 2001
File No. 2001-410

The following person is doing business as Shinko Services, 1810 Myrtle Place, Davis CA 95616:

Karla Marie Grant, same address.

This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 6/1/01.

/s/Karla Grant

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: JUN 20, 2001
by: /s/Sara Pfeifle, Deputy Clerk

July 11 18 25 Aug 1

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF YOLO
NO. JR-97-00210
In the Matter of MARIBEL FITE, Minor
CITATION

TO: Francisco Torres and all persons claiming to be the father of the above named minor.

YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 2388 W. Beamer Street, Woodland, California, 95695, on September 19, 2001 at 9:00 a.m. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor child born to Rachel Marie Fite on June 30, 1997. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you.

Dated: July 2, 2001
/s/JUDGE OF THE JUVENILE COURT

July 11 18 25 Aug 1

AMENDED NOTICE OF PETITION TO ADMINISTER ESTATE
PB01-158

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of PATRICK OWEN IMMOOS, AKA Patrick Immoos, Pat Immoos, and Patrick O. Immoos.

A PETITION FOR PROBATE has been filed by ANITA IMMOOS in the Superior Court of California, County of Yolo.

THE PETITION FOR PROBATE requests that Anita Immoos be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on July 30, at 8:30 a.m., in Dept. 5, at 725 Court St., Woodland, CA 95695.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner:
/s/Guy G. Gibson, Jr.
404 Natoma Street
Folsom, CA 95630
(916) 985-3466

July 4 11 18

(NAPS)—Nothing adds a more inviting feeling to your home than the aroma of banana bread baking in your oven. This much-loved aroma is known for conjuring up nostalgic images of family, happiness and love.

In fact, the only thing more tantalizing than the aroma is the irresistible taste of a warm slice of banana bread.

For a new twist on this classic recipe, add Post Selects Banana Nut Crunch cereal to the banana bread batter. In addition to enhancing the banana flavor, the cereal adds both texture and a creative touch to the delicious loaf.

Whether prepared for brunch, snacks, or dessert, **Double Banana Bread** is a great way to show family and friends that you care.

Double Banana Bread

Prep: 10 minutes
Bake: 65 minutes plus cooling

1½ cups flour
½ cup sugar
2 tsp. baking powder
½ tsp. baking soda
½ tsp. salt
2 eggs
1½ cups mashed ripe bananas (2 to 3 bananas)
¼ cup oil
¼ cup water
1½ cups Post Selects Banana Nut Crunch Cereal
1 cup chopped walnuts (optional)



HEAT oven to 350°F.

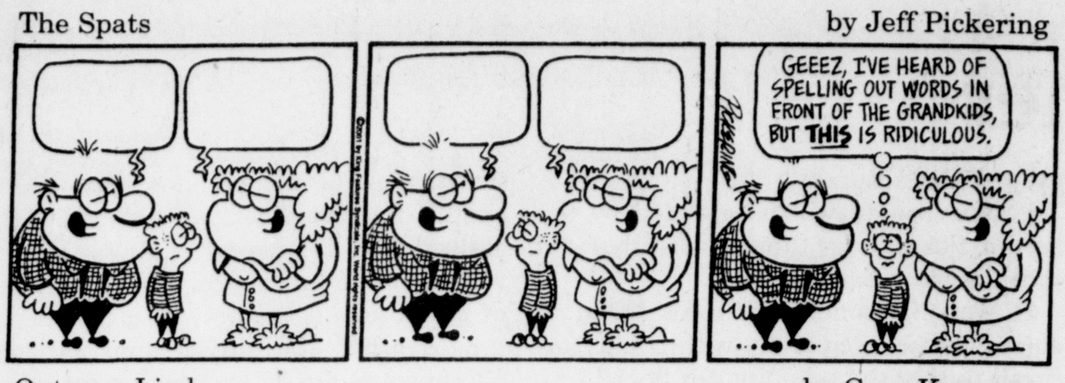
MIX flour, sugar, baking powder, baking soda and salt in large bowl. Beat eggs in small bowl; stir in bananas, oil and water. Add to flour mixture; stir just until moistened. (Batter will be lumpy.) Stir in cereal and walnuts. Pour into greased 9x5-inch loaf pan.

BAKE 55 to 65 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pan. Cool completely on wire rack. Makes 18 (½-inch) slices.

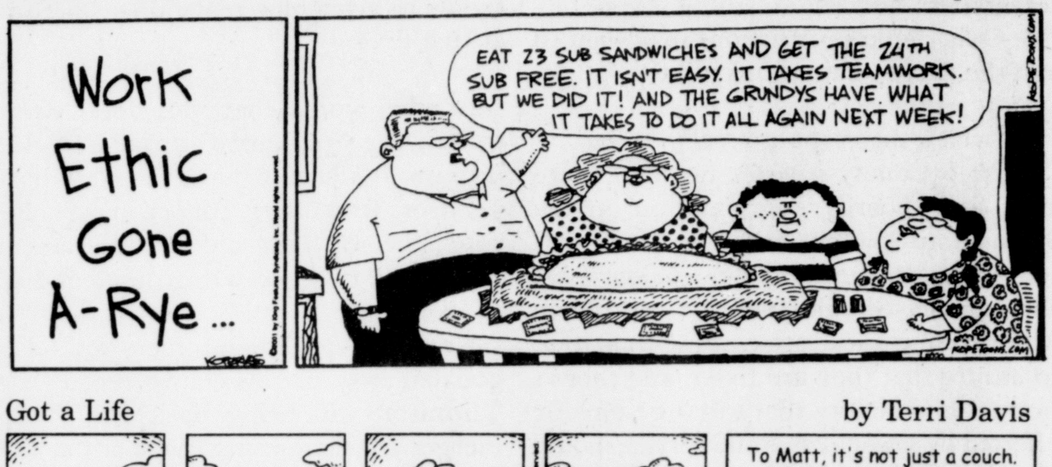
Note: For easier slicing, wrap bread and store overnight.

PUZZLES & COMICS

The Spats — by Jeff Pickering



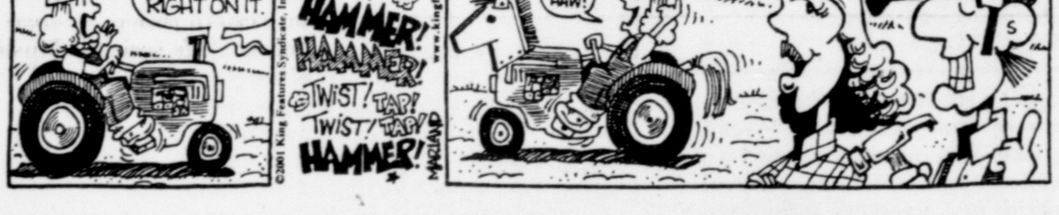
Out on a Limb — by Gary Kopervas



Got a Life — by Terri Davis



R.F.D. — by Mike Marland





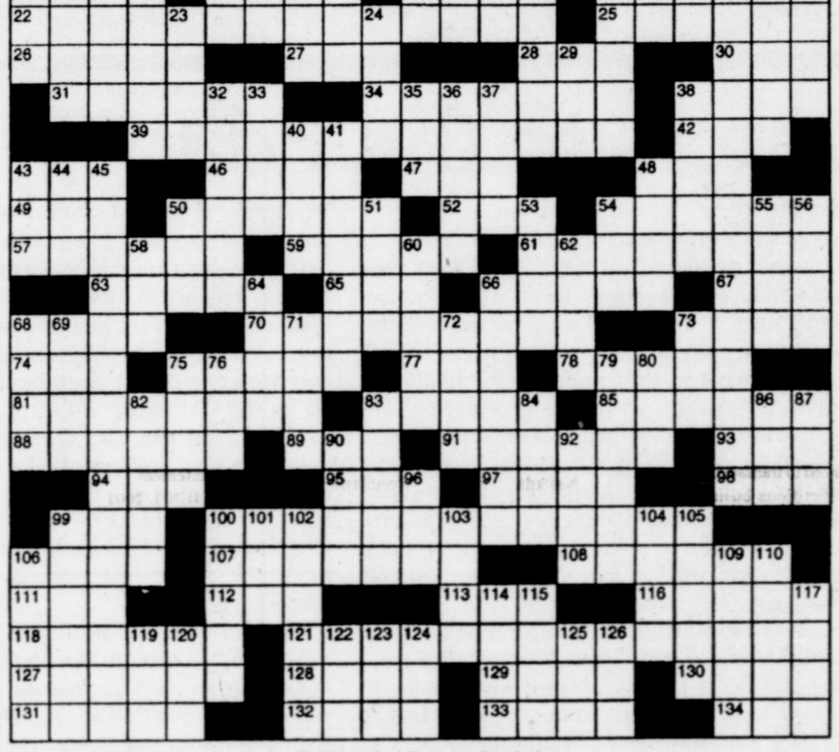




Super Crossword — IN CHARGE

ACROSS
1 Weaken
4 O'Connor's "The — Hurrah"
8 Composer Bartok
12 "Ad — per aspera" (Kansas' motto)
17 Meadow mamas
19 Pro foe
20 Sleep like —
21 Wide belts
22 Comic-book hero
25 "Oh, How I — Get Up . . ."
26 Error's partner
27 Procure
28 — Paulo, Brazil
30 Tons of time
31 Box up
34 Masters Tournament site
38 Urban problem
39 Animated TV series
42 Hwy.
43 Bud
46 Taj town
47 Tallahassee sch.
48 Rita — Brown
49 Tankard filler
50 Step parts
52 Even if, informally
54 Durango district
57 Maestro Lorin
59 Rent
61 "The Hustler" setting
63 Crowded
65 "Just — thought!"
66 Petite pest
67 Genetic info
68 Actress Anna
70 Tammany Hall name
73 Left open
74 Item in a lock
75 Premiere
77 Baby butter
78 Fracas
81 Advance
83 "This — Moment" ('60 hit)
85 Hut
88 Van of "Shane"
89 Cycle starter
91 Barely there
93 Baseball stat
94 Pinnacle
95 — roll
97 Bailiwick
98 TV's "My Sister —"
99 "Gotcha!"
100 '80 Stevie Wonder hit
106 Worry
107 Result
108 Singer Stratas
111 Knock
112 Russian river
113 Superlative suffix
116 Sans emotion
118 Lets up
121 "F Troop" role
127 Kidman of "To Die For"
128 Columnist Bombeck
129 Notion
130 Silvers or Spector
131 Hardened
132 "— of the Cat" ('77 hit)
133 Side
134 — Aviv

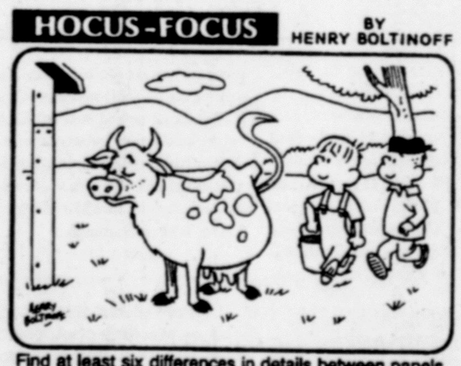
DOWN
1 Splinter group
2 Cognizant
3 Charlemagne's dad
4 Composer Francis
5 Sothern or Sheridan
6 Forest father
7 Use a stopwatch
8 Musical measure
9 Lilly of pharmaceuticals
10 Rapper Tone —
11 '92 Wimbledon winner
12 Battery letters
13 Fast way to the UK
14 O'Neill drama
15 Shot another photo
16 For — (cheaply)
18 "Unsolved Mysteries" host
21 Shallow area
23 Jai —
24 Coup d'—
29 Part of NATO
32 Sluggish sorts
33 — Benedict
35 Like some TV channels
36 "Beau —" ('39 film)
37 "No dice!"
38 Bandit Belle
40 City on 112 Across
41 Polo's place
43 Shriver of tennis
44 Dothan's st.
45 '64 Shangri-Las hit
48 Boy or boar
50 Cartoon canine
51 Lip lash?
53 Mayberry moppet
54 Marsh
55 New Rochelle college
56 General Bradley
58 — Buddhism
60 Alaskan city
62 "Against All —" ('84 film)
64 Recedes
66 Curative
68 Frosh's superior
69 Grocer's measure
71 Eject
72 Assumed manes?
73 — standstill
75 Wet blanket
76 Velvet finish
79 Graceland, for one
80 Yesterday's your
82 Rub it in
83 Sal of "Exodus"
84 Irene of "Fame" fame
86 La-la lead-in
87 Tasty tuber
90 Coll. cadets
92 Tree house?
96 Jacket part
99 Lawrence's locale
100 "Archie" character
101 Great bird?
102 Dash of "Clueless"
103 Fast-food favorite
104 Cleveland's lake
105 Summarize
106 French bread?
109 Vision
110 TV's "Kate & —"
114 "M*A*S*H" Emmy winner
115 "The — Is High" ('80 hit)
117 Say "Hey!"
119 Low digit
120 Knight time
122 Hapsburg dom.
123 "— Believer" ('66 hit)
124 Corn portion
125 Grazing ground
126 Rin Tin Tin's mother



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For answers, please see the box on the back page.

HOCUS-FOCUS — BY HENRY BOLTINOFF



Find at least six differences in details between panels.



MAGIC MAZE ● PADS

P F C Y T V R O L H E B X U R
O L I E B O Y B V S Q N K H E
B Y W T R O U A L J G E B T Y
W U R P N K I C G D G B Z O X
V S Q O M K I H H G N Y N O E
C A Y W U S Q E C P I E H F N
O L J H F E S L N T T K S C A
Y M X V U U A O U S A A A S Q
P N E M O G K R A J E R R H F
E C B M E E N K L Z H B C Y X
V U Y L I L T R H C T E K S Q

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Bachelor, Brake, Crash, Foot, Heating, Key, Knee, Launch, Legal, Lily, Memo, Mouse, Scratch, Steno, Touch

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Wishing Well®

5	4	7	4	5	8	4	3	5	3	8	5	3
H	Y	M	O	E	B	U	S	A	T	E	L	E
5	3	2	4	8	3	2	7	6	2	6	3	7
T	A	A	R	S	D	C	O	A	H	I	F	R
6	7	8	5	3	7	6	2	5	4	6	7	4
M	E	T	H	A	T	H	A	I	W	I	I	O
7	3	8	3	5	2	4	8	4	2	8	2	4
M	S	R	T	M	N	R	O	T	G	N	E	H
2	3	7	3	4	5	6	4	5	4	5	3	7
O	A	E	F	I	P	G	M	R	P	O	F	T
3	5	8	3	4	5	3	4	3	5	2	7	2
E	V	G	C	R	E	T	O	I	S	F	O	H
3	7	4	2	4	3	4	7	2	7	2	3	6
O	D	V	O	E	N	S	A	M	Y	E	S	H

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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challenger® THE INTERNATIONAL CROSSNUMBER GAME

DIRECTIONS:
Fill each square with a number, one through nine.
- Horizontal squares should add to totals on right.
- Vertical squares should add to totals on bottom.
- Diagonal squares through center should add to total in upper and lower right.

THERE MAY BE MORE THAN ONE SOLUTION

Today's Challenge Time 8 Minutes 6 Seconds

Your Working Time Minutes Seconds

7					31
			2		21
	8				26
		4			27
33	26	24	13	24	22

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Police log

(The first few items listed below are from unknown dates in the past week; police records available for screening weren't clear.)

8 a.m.
Five different vehicle burglaries were reported on the 800-block of Morning Glory.

3:15 p.m.
A police sergeant responded to the report of a drunk man disturbing employees at a bank and refusing to leave. The man was arrested.

3:46 p.m.
A police officer joined fire and ambulance personnel in responding to a residence where a 62-year old man was found dead in an apartment. The death appeared to be from complications of illness.

8:50 a.m.
Near Fremont and Fairway, a driver swerved to avoid colliding with a cat, and struck a parked car, which struck another parked car. There were no injuries reported.

11:15 p.m.
An officer stopped a vehicle for a traffic violation on West Capitol Ave. The driver appeared to be under the influence of a stimulant and was a paroled burglar. A search turned up an unlawful possession of Vicodin (containing opiates) and a stun gun. A parole officer placed a "hold" on the subject, who was arrested.

July 4, 10:53 a.m.
An officer saw a possible hand-to-hand drug transaction and contacted one of the subjects on West Capitol Ave. As the officer began to pat-search the suspect, the suspect reached into one of his own pockets and withdrew an object. The officer grabbed the suspect's arm, but the subject fought him and succeeded in swallowing the object. The subject continued to resist arrest. He admitted to having been in possession of rock cocaine, and was arrested, cited and released.

July 4, noon
A man reported that his vehicle – which had been stolen in Elk Grove and recovered in West Sacramento – had some tools in it that didn't belong to him. Police saw that one box of tools had a name and shipping address on it, and contacted the person named. The subject said that the tool boxes did indeed belong to him.

July 8, 8:03 a.m.
A 58-year old man was found dead in his residence, apparently of natural causes.

July 8, 9:39 a.m.
A car was reported stolen during the night from Cummins Way.

July 8, 11:05 a.m.
A car was reported stolen from in front of a residence on Holly St.

July 8, 12:20 p.m.
An Angel Ct. resident reported receiving a racist email message from an unknown sender.

July 8, 3:25 p.m.
A citizen reported a possible kidnapping on Fremont Dr. A woman's boyfriend had driven up and the couple argued. The man ripped her skirt off and threw her in the back of his vehicle, and left with her.

July 9, 1:29 a.m.
A fire department vehicle crossed a four-way stop on Park Blvd. at Westacre Rd. and was struck by a car that ran through the stop sign. There was minor damage to the fire dept. vehicle and major damage to the pickup truck that hit it, but no injuries. The 32-year old driver of the pickup made statements that his speed had been 50-80 m.p.h. in the 25 m.p.h. zone. He showed signs of being under the influence of drugs and said he was upset because he had just found his wife with another man.

July 9, 2:53 a.m.
Officers were dispatched to a possible "rave" party at a South River Rd. location, finding about 40 people at the site with a disc jockey, lights and a beer setup for a party. A male said he was in charge but gave a false name. Identification in his wallet showed him to be a 27-year old Sacramento man. ("Rave" parties are clandestine parties organized at often-unauthorized locations, and publicized by flyer and word-of-mouth. They often feature the use of "designer" drugs.)



NOW OPEN! Mon.-Sat.: 7 am - 5 pm Sunday: 8 am - 3 pm

- Landscape Materials
- Concrete
- Docorative Rock
- Top Soil
- Bark
- Gravel
- Sand
- Bagged Rock

KING'S ROCK & READY MIX

Ask about delivery!

1313 Jefferson Blvd.
West Sacramento
CA 95691
Phone: (916) 371-6280

Fictitious Business Name Statement
Filed JUN 6, 2001
File No. 2001-382
The following person is doing business as Jakarta Bodyworks; Opportunity Knocks Marketing, 1206 J St., Davis CA 95616:
Marta Wilson Sykes, same address.
This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 5/22/01.
/s/Marta Wilson Sykes
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: JUN 6, 2001
by: /s/Lupe Ramirez, Deputy Clerk
Jun 13 20 27 Jul 4

Fictitious Business Name Statement
Filed JUN 11, 2001
File No. 2001-392
The following person is doing business as West Sacramento Grocery Outlet, 3015 Capitol Ave., West Sacramento CA 95691:
Eric Charles Flick, 769 Canyonwood Ct., Brentwood, CA 94513.
This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 6-11-01.
/s/Eric Flick
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: JUN 11, 2001
by: /s/Lupe Ramirez, Deputy Clerk
Jun 13 20 27 Jul 4

Fictitious Business Name Statement
Filed May 30, 2001
File No. 2001-362
The following person is doing business as Universal Detail Service; Universal Detail, 2700 Rice Avenue, West Sacto, CA 95691:
Mary Adams, PO Box 2656, Elk Grove, CA 95759.
This business is conducted by a General Partnership. The registrant commenced to transact business under the fictitious business name or names listed above on 3/1/01.
/s/Mary Adams
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: May 30, 2001
by: /s/Debbie Holck, Deputy Clerk
Jun 13 20 27 Jul 4

Fictitious Business Name Statement
Filed May 31, 2001
File No. 2001-363
The following person is doing business as Trinity Quartet of Woodland, 33 Nevada Ave., Woodland CA 95695:
Richard Allen Anderson, 33 Nevada Ave., Woodland CA95695; Gary Leonder Christopherson, 449 ½ Lawson Ln., 95695.
This business is conducted by an Unincorporated Association other than a Partnership. The registrant commenced to transact business under the fictitious business name or names listed above on 5/31/2001.
/s/Richard A. Anderson
/s/Gary Christopherson
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: May 31, 2001
by: /s/Vikki Wittig, Deputy Clerk
Jun 13 20 27 Jul 4

Fictitious Business Name Statement
Filed May 1, 2001
File No. 2001-317
The following person is doing business as Bella Gift Company, 525 West El Dorado Dr., Woodland CA 95695:
Shannon Hampton, same address.
This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 5/1/01.
/s/Shannon Hampton
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date May 1, 2001
by: /s/Debbie Holck, Deputy Clerk
Jun 13 20 27 Jul 4

Fictitious Business Name Statement
Filed June 7, 2001
File No. 2001-386
The following person is doing business as American Homesweb, Realty & Financial; Calweb Properties; Calweb Financial, 1706 Cork Pl., Davis CA 95616:
Hueimei Kuo, 1927 Alicante St., Davis CA 95616.
This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 06-01-01.
/s/Hueimei Kuo
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: JUN 7, 2001
by: /s/Lupe Ramirez, Deputy Clerk
Jun 13 20 27 Jul 4

Fictitious Business Name Statement
Filed JUN 1, 2001
File No. 2001-370
The following person is doing business as Refrigeration Maintenance Services, Inc.; RMS Truck & Trailer Refrigeration, 711 Sutter St., West Sacramento CA 95691:
Refrigeration Maintenance Services, Inc. (a Calif. Corp.), 711 Sutter St., West Sacramento CA95691.
This business is conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on 5/24/01.
/s/Cheri Sheley, Secty./Treas.
Refrigeration Maintenance Services, Inc.
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: JUN 1, 2001
by: /s/Sara Pfeifle, Deputy Clerk
Jun 13 20 27 Jul 4

Fictitious Business Name Statement
Filed May 11, 2001
File No. 2001-335
The following person is doing business as Citiwear Plus 8, 1264 E. Gibson Rd., A-107, Woodland CA 95776:
Moo Sung Han, 326 Endless Ct., El Dorado Hills, CA 95762.
This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on 5/11/01.
/s/Moo S. Han
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: May 11, 2001
by: /s/Josie Ramirez, Deputy Clerk
Jun 13 20 27 Jul 4

Fictitious Business Name Statement
Filed May 18, 2001
File No. 2001-343
The following person is doing business as Gold Cup Kettle Corn, 4211 Boxelder Pl., Davis CA 95616:
Robert Fahy, 4211 Boxelder Pl., Davis CA 95616; Mark Porter, Botecelli, Davis, CA 95616.
This business is conducted by Co-Partners. The registrant commenced to transact business under the fictitious business name or names listed above on 5/18/01.
/s/Robert J. Fahy
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: May 18, 2001
by: /s/K. Weisenburg, Deputy Clerk
Jun 13 20 27 Jul 4

Fictitious Business Name Statement
Filed May 30, 2001
File No. 2001-358
The following person is doing business as MSS Designs, 604 4th St., Woodland CA 95695:
Marlene E. Strand-Schlaht and Larry R. Schlaht, same address as above.
This business is conducted by Husband and Wife. The registrant commenced to transact business under the fictitious business name or names listed above on 5/30/01.
/s/Marlene E. Strand-Schlaht
/s/Larry R. Schlaht
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: May 30, 2001
by: /s/Georgie Tolle, Deputy Clerk
Jun 13 20 27 Jul 4

Statement of Abandonment of Use of Fictitious Business Name
FBN Number 2000-831
JUN 8, 2001
The following person has abandoned the use of the Fictitious Business Name RMS Enterprises; Coast Transit Refrigeration, at 721 Sutter St., West Sacramento, CA 95691.
The fictitious business name referred to above was filed in Yolo County on 11-7-00.
Robert W. Block, 2685 River Plaza Dr. #317, Sacramento, CA 95691.
This business was conducted by Robert W. Block.
/s/Robert W. Block
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: JUN 8, 2001
by: /s/Georgie Tolle, Dep. Clerk
Jun 13 20 27 Jul 4

***

A tough lesson in life that everyone has to learn is that not everyone wishes you well.
—Dan Rather

***

Korea vets honored



Local veterans and their supporters dedicated a new memorial at West Sacramento's River Walk on June 16, and four Korean-era vets received a Korean War Services Medal from Mayor Mark Montemayor.

The Korean War vets honored were (pictured above, left to right next to Montemayor) Henry Bustillos, Henry Mercado, Bill Baker and Frank Morita.

Morita credits new VFW Post 8762 commander Savino Sanchez with doing a "fantastic job" completing the memorial project, which was begun in 1999.

To subscribe, just call 371-8030 today!

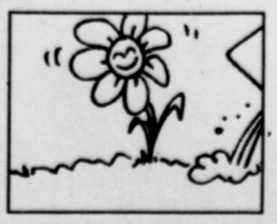
Don't Miss The Bus



Auburn
TOURING PLACER COUNTY MUSEUMS
Trip sponsored by Historic U.S. 40 Association
Saturday, July 14, 2001
Depart from Helen's Picnic Place - W. Sacto promptly at 9:30 a.m.
Return to W. Sacto. around 2:00 or 2:30 p.m.
Cost $22.00 (includes museum donations)
DO NOT BE LATE!
You will be on your own for lunch!
Seats will be reserved on a first come, first served basis
Suggest you get your money in fast.
Sorry that the bus is not wheel chair equipped. Walkers can be stowed in the "boot", but you will have to climb the bus steps and walk the aisle to be seated.

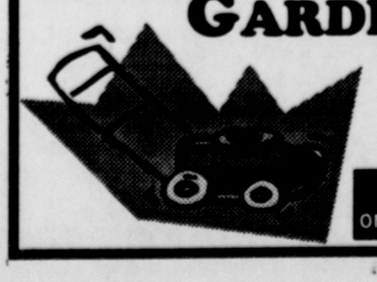
REGISTRATION FORM

Name:_____ Address:_____
Please Print
Amount: $_____ Check No: _____ Phone: _____
Date: _____
Mail to: Historic U.S. 40 Association
P.O. Box 1552
West Sacramento, CA 95691
(916) 372-6441
Helen's picnic place
1520 Merkley Ave



Adding phosphorus to the soil in a garden promotes good root growth, and helps make plants more resistant to disease.

MARTINEZ BROTHERS GARDENING



LAWN CARE SERVICE
- Complete Lawn Care
- Complete Garden Care
- & Cleanups!

CALL 375-0549
or CELL PHONE: 916-591-1205

Art exhibit

By Betty Fairbairn Sokolich

An educational exhibit is now showing through July of this year at the Arthur Turner Library. A series of posters acquaint the viewer with information to "Discover Islam", presented by the Miasjid Annur Educational Outreach, showing the contributions to science, art, and architecture by the Islams through the centuries.

Islam is frequently misunderstood and may even seem exotic in some parts of the world. Perhaps this is because religion no longer dominates every day life in Western society whereas Islam is a life society. Muslims make no artificial separation between secular and sacred. Islam is tolerant of other religions. The family is the foundation of Islamic society.

The posters, beautifully illustrated from scenes around the world, explain the various aspects of the beliefs, and are enlargements from the book "Discover Islam". Following the sequence from the left one can read the story about the Islamic faith and it answers many of the questions people may have about the religion.

The exhibit is sponsored by the East Yolo Friends of the Library and can be viewed during library hours. If the door to the meeting room where the art work is shown is locked, just ask the librarian to open the door. Lights have to be kept off unless there is someone viewing the exhibit in an effort to conserve energy.

The West Sacramento City Council will meet in public session tonight (July 11) at 7 p.m. at 1350 Halyard Dr.

Agenda items include a proclamation recognizing Assistance to a Family in Need, certification of weed abatement charges and parcels; solicitation of bids for pavement striping contract; award of water main replacement project; solicitation of bids for port center pavement rehabilitation contract; reimbursement of capital improvements from tax-exempt financings; application for local law enforcement block grant; change in council meeting schedule for August (to Aug. 8, 15 & 22); issuance of special tax bonds for Newport Estates; presentation on Seaway International Trade Center development agreement (Port of Sacramento); and update of Southport Drainage Master Plan.

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Local Scene

Yolubus for kids

The "Summer Sizzler" program will again offer children 17 and under discounted Yolobus rides throughout the summer. Through August, kids 17 and under can ride the bus to any of its destinations for only 25 cents. The bus visits many destinations including Raley Field, UC Davis, Old Sacramento, downtown Sacramento, County Fair Mall, local movie theaters and others. A summer pass may also be purchased for just $10. Call 530-661-0816 for information.

Police/Firefighters Gala

West Sacramento's Police Officers Association and Fire Fighters Association will host dinner and dancing at the ziggurat building (former Money Store) at 6 p.m. on Sept. 22. The black-tie-optional event features dinner catered by the Zinfandel Grille, music by LT Productions, and a silent auction. Tickets for $45. The event is a benefit for Northern California Special Olympics. Sponsorships available. Call 372-2461 ext. 254.

Football/cheerleading

The West Sacramento Bears Youth Football & Cheer league will hold their final sign-up on Sat., July 14, from 10 a.m. to 2 p.m. at River City High School. Call 565-0575 or 372-6830 for information. The Bears are also looking for football & cheerleading coaches (call 371-1018). The season begins July 30 at the high school, 6-8 p.m. Monday through Friday.

Rummage sale

The West Sac Senior Center will host a fundraising rummage sale on July 14 and on Aug. 11, from 8 a.m. to 2 p.m., at 1124 West Capitol Ave. (behind Rite Aid). There will be at least 20 vendors selling crafts, attic treasures and other items. Call 373-5819 for information.

55 Alive Driving

A "55 Alive" driving course for older drivers will be sponsored by AARP on Aug. 14 and 21, from 9 a.m. to 1 p.m. at the West Sacramento Senior Center. The focus will be on driving techniques that help compensate for age-related changes. Fee is $10; reservations are necessary. Call 373-5819.

Safety Day

A new West Sacramento church will introduce itself to the community by hosting a "Community Safety Day" at Summerfield Park on Sat., July 14, from 9 a.m. to 2 p.m. The city parks department will sponsor a bike rodeo for kids (free helmets to young participants), and the police K-9 squad will hold a demonstration at 10:30 a.m. Parents can learn the Heimlich maneuver from AMR ambulance company, and free first aid kits will be given to the first 100 families. Papa Murphy's will provide pizza. The church, Journey Christian Church, will hold "preview" services on Aug. 26 and Sept. 16 at Harbor Inn & Suites.

Quilt display

Quilts from eight Norwood 4-H Club quilting project members (a club which includes West Sacramento residents) will be on display at Cloth Country at 1510 Merkley Ave. The store also donated the fabric for the kids' projects. The quilts were previously on display at the Yolo Co. 4-H Spring Show in Woodland.

Mental illness

Yolo Family Service Agency and Yolo's Alcohol, Drug & Mental Health Services are offering a six-week counseling group for individuals or couples who have a relative experiencing severe mental illness. Group meetings will take place from 6:30-8 p.m. on Thursdays beginning July 19 at the Yolo Family Service Agency office in Davis, 1105 Kennedy Pl., Suite 2. No cost. Call 530-662-2211 for more information or to register.

Winning photos

The 18 prize-winning photos from this year's "15 Days in May" photo contest will be on display through July at Bank of America, 1511 West Capitol Ave. The photos will also be shown at the Yolo County Fair, from Aug. 15-19, and at the Arthur F. Turner Branch Library in West Sacramento during the month of October.

Greenwaste

West Sacramento's Refuse & Recycling Division will host its next "Summer Greenwaste Day" on Sat., July 14, from 9 a.m. to noon. Residents may bring wood, grass, leaves and tree prunings to Tower Court (near the east end of West Capitol Ave.) for free drop-off. Please be prepared to show proof of residency in the city. Call 373-5810 for information.

Hazardous waste

Yolo County residents may bring their household hazardous wastes for disposal at the county landfill between 9 a.m. and 2 p.m. on Sat., July 14. The landfill is located on County Road 28H. Among the items that will be accepted are cleaning supplies, lighter fluid, paint, anti-freeze, aerosol cans (no empties), garden pesticides and herbicides, auto batteries, used motor oil and used oil filters. Reusable items received at the event will be given away free on Sat., July 21, from 9-11 a.m. The event is open to Yolo Co. residents only; no agricultural, medical or infectious waste will be accepted. For information on disposing of small quantities of business waste, call (530) 757-5564; for a small business appointment, call (800) 952-5566. Dept. of Transportation rules allow residents to haul up to 125 pounds or 15 gallons of household hazardous wastes.

Free lunches

Free lunches will be available to anyone 18 and under, and a free summer program will be available to kids ages 5-12, at the summer K.I.D.S. program June 25 to Aug. 3 at various West Sacramento parks and schoolgrounds. The programs are sponsored by the City of West Sacramento and the U.S. Department of Agriculture. For times and locations, call 373-5860.

Suicide Prevention

Suicide Prevention of Yolo County has an urgent need for crisis line volunteers to serve on its 24-hour crisis line. Training is provided. Call (530) 756-7542.

Class of '81

River City High School's Class of '81 will hold its 20th reunion Sat., Aug. 25, at the Capitol Plaza Holiday Inn from 6 p.m. to 1 a.m. Contact the reunion committee at rivercity81@yahoo.com to receive a flyer. Send in your reservation form & payment as soon as possible.

Food & wine expo

The West Sacramento Chamber of Commerce, in cooperation with local wineries and restaurants, is presenting a Food and Wine Expo on July 19 from 5-7:30 p.m. Cover charge is $10. Must be 21. Call 371-7042 for information.

Class of '76

The Class of 1976 at James Marshall High is planning its 25-year reunion, with a riverboat cruise on the Matthew McKinley from 1-5 p.m. on Aug. 18. Includes lunch and entertainment; there will be a no-host bar. Cost is $40. Call Debbie Emerson-Bouzard at 371-4165 (home) or 552-7639 (work), or email her at dbouzard@calhealth.org.

Bible School

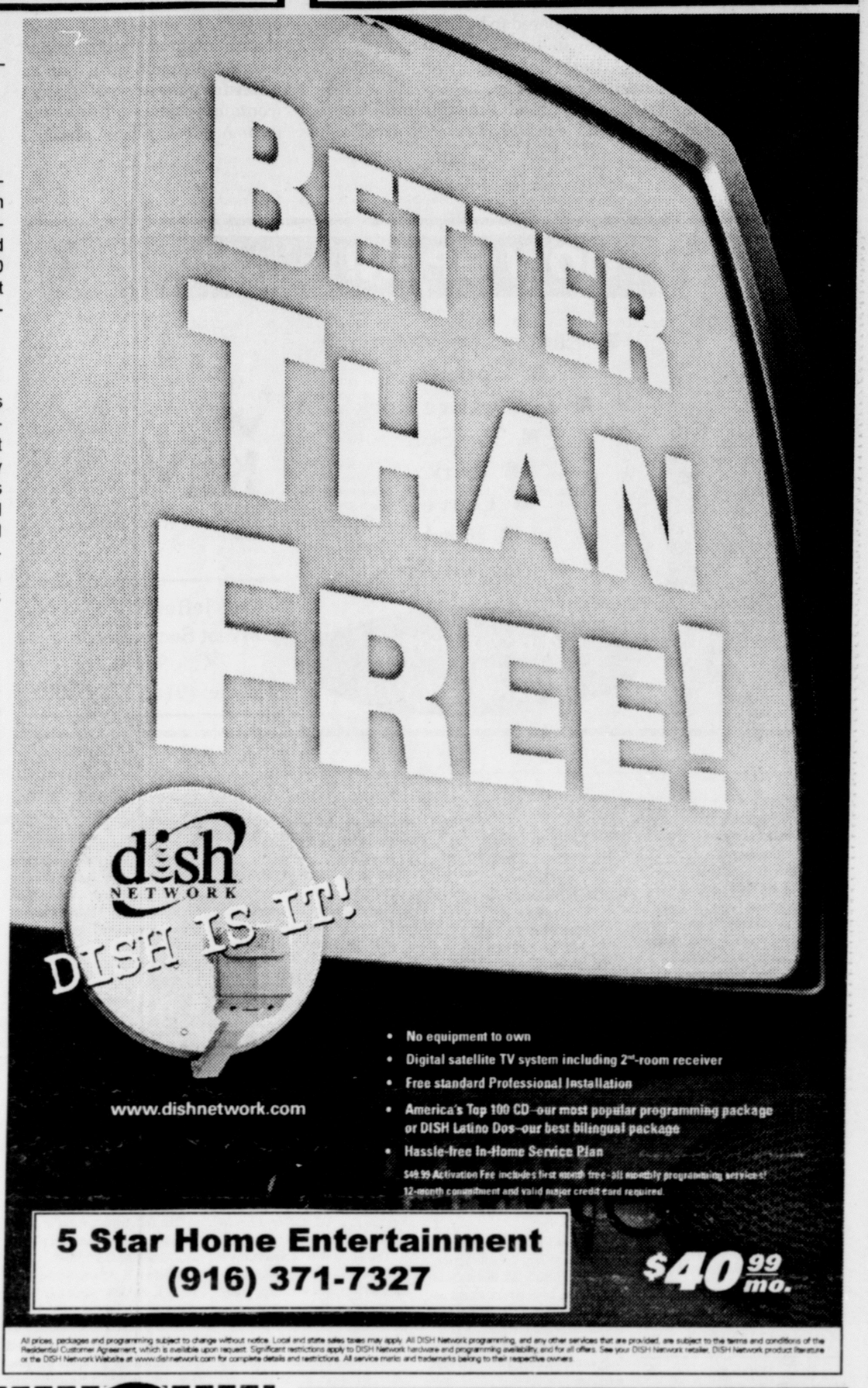
Children are invited to "Building a Better World" Vacation Bible School, lasting 24 hours from 5 p.m. July 13 to 5 p.m. July 14 at Community Lutheran Church. The Friday/Saturday overnight program will feature singing, games, Bible lessons, crafts, meals and swimming and is open to kids age three and older. Call 371-8804.

CSUS for kids

CSU Sacramento is hosting a "Kreative Kids on Kampus" program, with a five-week educational enrichment program for children entering grades 2-7. The program begins July 23, and operates 8:30-3 daily, with extended hours available to accommodate working parents. Included with be sculpture, science, poetry, writing, hip hop dance, songwriting, drawing and more.

Class allows from one to five weeks of participation. Call (916) 858-1759 for information.

Send your calendar item to: News-Ledger, Attn: Local Scene, PO Box 463, W. Sac. CA 95691.



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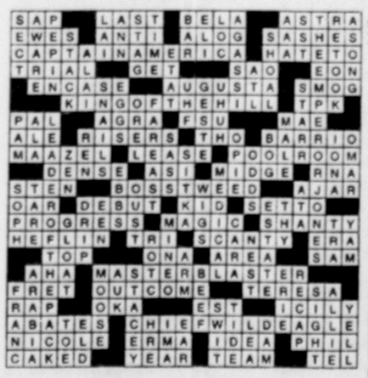


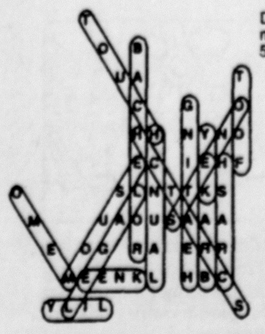
Answers to Sports Quiz & Puzzles

Answers:

1. True. Pipp led the A.L. in homers in 1916 (12) and 1917 (9).
2. Walter Johnson did it in 1913, when the team was the Washington Senators.
3. Wide receiver Wes Chandler was selected No. 3 overall by New Orleans in 1978.
4. Jack Sikma shot .922 from the line for Milwaukee in 1988.
5. It was 52 years between titles in 1949 and 2001.
6. Gordon Johncock won the first race in 1979 in Phoenix.
7. Capriati had none before winning the Australian and French opens earlier this year.

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Differences: 1. Apples added to tree. 2. Overall buttons are missing. 3. Cow has more spots. 4. Cloud is missing. 5. Tree and scenery is added. 6. Boy's right arm is visible.

solution				
7	5	3	6	31
9	6	9	2	21
9	8	8	2	26
8	7	4	3	27
33	26	24	13	22
				24

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